

Health Related Sciences

TRAILHEAD

Interested in promoting health and wellness in your community?

The Health Related Sciences instructional pathway is designed for students who are interested in a career in the healthcare industry such as nursing, certified nursing assistant (CNA), allied health, or kinesiology related professions. If you are interested in a pre-medical pathway, please see STEM.

The following trailhead courses are designed to help students navigate through their first 15 units at Riverside City College within their chosen instructional pathway. These courses will allow students to explore major and career choices within their anticipated area of study without going off path in their first 15 units. The trailhead courses can be applied towards general education and potential majors within the health-related sciences pathway. For further exploration within your instructional pathway, please make an appointment to meet with a counselor.

<u>Health-Related Sciences Courses</u>	<u>Units</u>
Math 12/12H (*Math may vary based on placement results, Mat 12 is recommended)	4 (6*)
Biology 1/1H or Chemistry 2A	4
Sociology 1/1H or Kinesiology 4 or Anthropology 2	3
Library 1 or Guidance 45 or Nursing (NXN) 84	1
Communication Studies 1/1H or 9/9H	3
<u>Total units</u>	<u>15-17</u>

WE ARE HERE TO SUPPORT YOU!

Meet your student success team and visit the Academic Engagement Center!
STEM Engagement Center
MLK Building, Room 222-C + (951) 328-3694

To meet a counselor, visit the Counseling Department
Dr. Charles A. Kane Student Services Building, Second Floor
(951) 222-8440

To explore future careers or transfer paths, visit the Career and Transfer Center + Dr. Charles A. Kane Student Services Building, First Floor + (951) 222-8446

If you know your program of study or major, please make an appointment to see a counselor for your specific program map and comprehensive student educational plan.