



# Basic Needs Resource Center

Building bridges by providing essentials that help students thrive.





The Basic Needs **Resource Center** (BNRC) is available to RCC students in need with the goal to help supplement basic needs and promote sustainability for student wellness and success. Basic Needs include food security, housing security, and mental health and wellness resources that allow students to fulfill basic needs and thrive.





## **Basic Needs Services**



**Food Security** Food Pantry, Meal Vouchers and Gift Cards, and CalFresh



**Mental Health** Student Health and Psychological Services

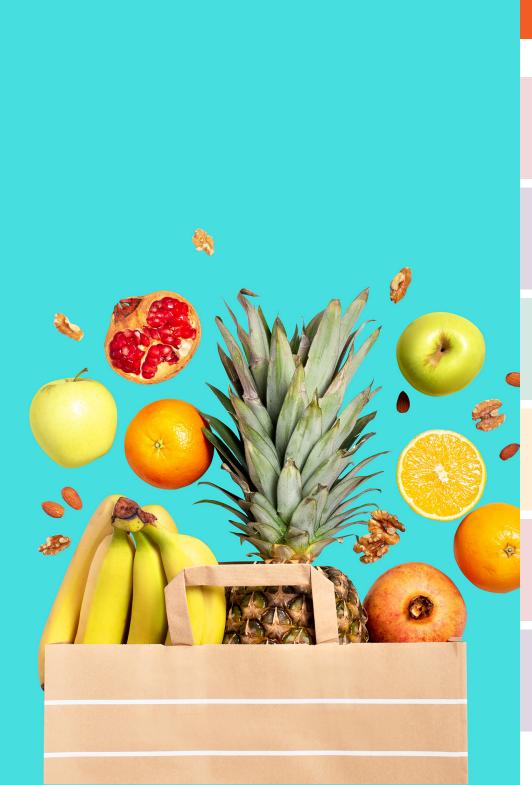


Housing Security Homeless & Housing Insecure Pilot Program(HHIP), Rental Assistance, and Community Resources



Additional Resources

Personal Hygiene Items, Campus Laundry Services, Career Closet, and Community Resources



## **Food Pantry**

## Guidelines for Students at the BNRC Pantry (Kane 104)



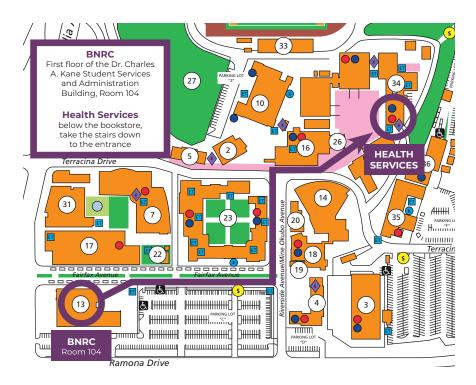
Thank you for coming! See you in a week.

## **BNRC Food Pantry**

## **Monthly Visitors**

Our Food Pantry assists currently enrolled RCC students who may be experiencing hardship or food insecurity. Students may receive one bag of food, household and hygiene products per week. The BNRC Food Pantry opened in August 2022 and the following chart reflects the 22-23 school year.





## Food Pantry FAQ

## How often can students visit the pantry?

Students can visit the pantry for a bag of groceries once per week. Students with a greater need may be able to visit more often.

### Do students have to be enrolled to visit the pantry?

Students should be currently enrolled at RCC.

### Why are the items on the shelves labeled?

The labels identify the items and the quantity students are able to take. The general rule is one per item, unless the label specifies otherwise.

### Does the BNRC accept donations?

Donations are welcome. Food items should be sealed, dry/ non-perishable goods, preferably canned goods. Other items should be new, preferably packaged.



## **Gift Cards and Vouchers**



### **Complete Request Form**

Students can scan the QR code (pg. 11) or a link will be provided so the survey can be completed.

## Wait for Email

If the request is approved, an email will notify the student that their form is ready for pickup.

## **Pick up Signed Form**

Approved forms can be picked up at the Basic Needs Resource Center, Kane 104.

## **Submit Form to Cashier's Office**

Approved forms need to be turned in to the Cashier's Office. Students will receive gift cards and vouchers at that time.

## **Gift Cards FAQ**

### How many times can a gift card be requested?

Students can request gift cards or vouchers from the BNRC once per semester. If they have additional need, they may be able to request more.

### Can students choose which gift cards they receive?

Students can select a preference, but gift cards and vouchers are subject to availability. Students cannot choose the brand or type (ex., specific grocery store).

### How long does it take to receive the gift cards?

On average, it takes about a week to receive the gift cards. Students have two weeks to pick up gift cards.

### Are there other ways to get gift cards?

Students can also attend workshops and events that may offer additional gift cards or vouchers.



## **Housing Program and Resources**

## **Student Receives Housing Information**

If a student is referred for housing, they will receive an email with BNRC housing information.

### **Complete Housing Survey**

This will begin the waitlist request process for HHIP/Rental Assistance.

## **Financial Aid Eligibility**

Ensure your most recent FAFSA/Dream Act application is complete.

### **Approval Process for Waitlist**

Students are approved or declined pending enrollment verification.

### **Housing Referral**

If a space becomes available, the student will be referred to Path of Life Ministries to begin the housing process.



### Basic Needs Student Request Form

Students may use the Basic Needs Request Form to obtain food and gas vouchers, rental assistance, CalFresh, and health and wellness information.

Visit the **RCC Basic Needs Resource Center** online at rcc.edu/student-support/basic-needs-center.html

## **Housing Program and Resources**

The BNRC supervisor/specialist will work with students to determine which option is best for them.

## Homeless & Housing Insecure Pilot Program (HHIP)

Goal - long-term stability and self-sufficiency

The three main components are:

**1. Housing Identification** to support individuals to exit homelessness.

**2. Rent/Move-In Assistance** to help with the costs associated with getting into housing.

**3. Case Management** to help stabilize individuals once housed and support academic success.

The College's local housing service provider is Path of Life Ministries. <u>HHIP is limited and currently at capacity.</u>

## **Rental Assistance**

Goal - short-term housing assistance

Short-term rental assistance may be available to students who require immediate assistance. This is a short-term solution for students experiencing difficulty paying rent, typically due to a sudden change of circumstances (ex., loss of job).

Eligibility for rental assistance is determined on a case-by-case basis.

## **Community Resources**

Goal – **emergency** housing assistance

Community housing programs and organizations may be able to assist someone who requires more immediate help. Students will be provided with a directory of these programs to contact on their own.

Each program has its own eligibility criteria.



## Housing FAQ

### Can any student apply for housing assistance?

An enrolled student can apply for the HHIP program or rental assistance. A student must remain enrolled in order to receive housing assistance through RCC services.

### How are students selected for the HHIP program?

Students are selected on a first-come basis, with consideration given to their self-reported survey information, financial aid eligibility, and enrollment verification.

### Why is the HHIP program limited?

The HHIP program has a maximum case management capacity. A placement in the program only becomes available when a student exits the program.

### How long does the housing process take?

Unfortunately, there is no way to determine how long a student may remain on the waiting list. Once a student is referred to Path of Life Ministries, the placement time will be a maximum of three months, but the timeline can vary.

## **Campus Resources**



### **Career Closet**

Clothing and professional headshots located in Portable 6, between Landis Theater and Technology A. (951) 222-8647.



#### **Laundry Services**

For free laundry service, please contact Peter Aneiro at Peter.aneiro@rcc.edu for an appointment.



#### **Transportation**

Enrolled students can travel on Riverside Transit Agency buses for free using a mobile ticketing app. Free travel starts on the first day of term. Simply validate your pass whenever you board an RTA bus



## Health and Psychological Services

Open for in-person care by appointment only. Bradshaw Building, below the Bookstore. (951) 222-8151.

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#### **Shower Services**

For shower services, please contact Peter Aneiro at Peter.aneiro@rcc.edu for an appointment.



#### **Child Care**

Through the Riverside County Office of Education families may be eligible for costassisted child care. If you have questions call (800) 442-4927 or email RandR@rcoe.us.

## **Additional Community Resources**

#### **Homeless Solutions**

Resource Guide - resource contact numbers, housing options, showers and resource tools. bit.ly/4532gmg

#### Workforce Development Center

Resume and job search assistance, skill assessment, employment plan. <u>rivcoworkforce.org</u>

#### Riverside University Health System

Get tested, coping with stress, prescription services, virtual care. <u>ruhealth.org</u>

#### **Feeding America**

This is the largest charity working to end hunger in the USA. feedingamerica.org

#### CalFresh

The Supplemental Nutrition Assistance Program (SNAP), issues monthly electronic benefits that can be used to buy most foods at many markets and food stores. <u>getcalfresh.org</u>

#### Wellness Central

A free online health and wellness resource that is available 24/7. <u>cvc.edu/wellness</u>

#### **Therapy & Support Groups**

Find group therapy and support groups in Riverside, CA. <u>bit.ly/3qckT17</u>

#### Rent/Utility Relief for Riverside County

Community Action Partnership is a division of the County of Riverside Department Housing and Workforce Solutions. <u>capriverside.org</u>

#### **Each Mind Matters**

Each Mind Matters was created to unite individuals who share a vision of improved mental health and equality. <u>takeaction4mh.com</u>

#### Women, Infants & Children Division (WIC)

Provides nutrition education, breastfeeding support, healthy foods, and referrals to health care, and other community services. <u>ruhealth.org</u>

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## **Center Hours & Contact Information**

Monday	8 am - 5 pm
Tuesday	8 am - 6 pm
Wednesday	8 am - 5 pm
Thursday	8 am - 5 pm
Friday	8 am - 5 pm

\*Wednesday hours may be impacted by food delivery.

BNRC Front Desk (951) 328-3777

Basic Needs Supervisor (951) 222-8714

Student Success Specialist (951) 328-3791