Riverside City College

Associate Degree for Transfer℠

California Community Colleges are now offering Associate Degrees for Transfer (ADT's) to the CSU. These may include Associate in Arts (AA-T) or Associate in Science (AS-T) degrees. These degrees are designed to provide a clear pathway to a CSU major and baccalaureate degree. California Community College students who are awarded an AA-T or AS-T degree are guaranteed admission with junior standing somewhere in the CSU system and given priority admission consideration to their local CSU campus or to a program that is deemed similar to their community college major. This priority does not guarantee admission to specific majors or campuses. Students who have been awarded an AA-T or AS-T are able to complete their remaining requirements for the 120-unit baccalaureate degree within 60 semester or 90 quarter units. To view the most current list of Riverside City College Associate Degrees for Transfer and to find out which CSU campuses accept each degree, please go to: www.calstate.edu/transfer/adt-search/search.shtml. Students are encouraged to meet with a Riverside City College counselor to review their options for transfer and to develop an educational plan that best meets their goals and needs.

2023-2024
NUTRITION AND DIETETICS
(CSUGE) AS907
(IGETC) AS908

Associate of Science in Nutrition and Dietetics for Transfer Degree

The Associate Degree for Transfer in Nutrition and Dietetics prepares students for success in a baccalaureate degree in Nutrition and Dietetics with the lower division course work required to transfer into the CSU system. Students completing the Associate Degree for Transfer in Nutrition and Dietetics will be prepared to transfer to a CSU as juniors and pursue a baccalaureate degree in Nutrition and Dietetics. Students transferring to a non-CSU campus should consult the catalog and determine the specific requirements of the campus to which they are applying.

The study of Nutrition provides a broad foundation in a practical and personally applicable exposure to a variety of scientific areas of nutrition, such as Chemistry, Microbiology, Anatomy, Physiology and Biology. Students in the program learn how the scientific method and process contributes to nutritional requirements and how nutrients function from a cellular to a more practical level and then apply this knowledge to their own health. This program will help the student understand the relationship of nutrition and disease prevention throughout the lifecycle.

Program Learning Outcomes

Upon successful completion of this program, student should be able to:

- Evaluate scientific concepts of nutrition related to the functioning of the nutrients in the basic life process and apply these concepts to determine the effects of nutrients on the human body.
- Outline the process by which the human body ingests, digests, absorbs, transports, utilizes and excretes food substances.
- List and describe the basic chemical structures of the six classes of nutrients, their action, interaction and balance in relation to health and disease.

Required Courses (15-21 units)		Units
KIN-4*	Nutrition	3
PSY-1/1H*	General Psychology/Honors	3
CHE-1A/1AH* or	General Chemistry I/Honors	5
CHE-1A/1AH*	General Chemistry I/Honors	
AND		
CHE-1B/1BH*	General Chemistry II/Honors	10
BIO-55*	Microbiology	4

List A: Select one course if CHE1A/1B were taken above and two if not (3-13 units):		Units
CHE-1A/1AH*	General Chemistry I/Honors	5
AND		
CHE-1B/1BH*	General Chemistry II/Honors	5
BIO-50A*	Anatomy and Physiology I	4
AND		
BIO-50B*	Anatomy and Physiology II	4
MAT-12/12H* OR	Statistics/Honors	4
SOC-48* OR	Statistics for Behavioral Sciences	3
PSY-48*	Statistics for Behavioral Sciences	3

List B: Select one (3-4 units):		Units
HES-1*/BIO 35	Health Science	3
OR		
KIN-35*	Foundation for Fitness and Wellness	3

Total Major Units:	26-28

*Courses may also be used to fulfill general education requirements for the CSUGE or IGETC pattern; please confer with a counselor.

Associate in Arts for Transfer Degree

The Associate in Science in Nutrition and Dietetics for Transfer degree will be awarded will be awarded upon completion of coursework totaling 60 California State University (CSU) transferable units including the major requirements and the Intersegmental General Education Transfer Curriculum (IGETC) or California State University General Education (CSUGE) requirements with a minimum grade point average of 2 .0. All courses in the major must be completed with a grade of "C" or better.