

Resource Directory

A Guide For Current And Emancipated Foster Youth
Riverside County



Riverside Community College District
Workforce Preparation Department
Independent Living Program
(951) 222-8648 · ILP@rcc.edu
<http://academic.rcc.edu/workforcepreparation>



Congratulations!

At age 18, you've reached an important milestone!

You are now an adult in the eyes of the law!

You can rent your own apartment, take charge of your finances and even buy a car on your own — all without a parent or guardian's consent or assistance.

You can now enter into legal contracts and vote in elections. In short, you now have the right to make many important decisions about where you live, what you do and how you shape your future.

But adulthood also brings new responsibilities and consequences. The guardians of your life no longer have to support you. You can now be sued personally. You are responsible for paying your own income taxes. If you are a young man, you must register for the military. If you commit a crime, you will not have the protection of the juvenile court and laws; you could wind up in jail for something that, at a younger age, might have resulted in no more than a stern lecture and a ride home in a police car.

This Resource Guide touches on some of the more important areas that will affect your life as an adult:

Reaching the Age of Majority / Getting Around / Moving Out / Having Fun / Alcohol and Drugs / Money Matters / Working and Taxes / Sex and the Law / Doing Your Part / Marriage and Partnerships / Dealing with Domestic Violence / Crimes and Consequences / Guns and Other Weapons / Hate Crimes / Civil Laws and Lawsuits/ Surfing the Internet / Protecting Your Identity / Consumer Protection/ Finding Legal Help / Finding Medical and Psychological Support / Housing Resources / Education Resources / Finding Money for College/ Getting Involved to Help Others in Foster Care.

We hope this guide will be useful to you along your challenging journey into the world of adulthood. Remember, as an RCC/ILP participant you can take advantage of all the support and services we provide to aid you into a future of promise and hope. The greatest benefit is that our services to you are FREE. So, take full advantage of our support and encouragement. Remember YOUR SUCCESS IS OUR SUCCESS!

THE ILP TEAM!

(951) 222-8648
ILP@rcc.edu.

TABLE OF CONTENTS

10 Facts Every Foster Youth Should Know	1
ILP & Your Rights	
Foster Youth Rights	3
Know Your Rights	4
Your Rights in Relationships	5
Your Rights to Participate in Social Activities	5
Foster Youth Education Rights	5
Your Rights in School	6
Your Rights in Court	8
Your Rights in the Independent Living Program	9
Driver's License Information	10
Education	
Show Me The Money	11
Education: High School	12
Education: College	13
Money for Vocational Training or College	15
Education Resources	17
Education Notes & Additions	18
Employment	
Help in Finding a Job	19
Job Corps	19
Americorps	19
Conservation Corps	19
Youth Employment Opportunity Program (YEOP)	20
Employment Resources - Job Training & Placement	21
Youth Opportunity Centers in Riverside County	21
Employment Resources - Child Care	23
Employment Notes & Additions	24
Housing	
Housing Assistance After you Emancipate	25
Housing Resources	26
Homeless Shelters & Information	28
Housing Notes & Additions	33
Health	
Medi-Cal	35
Teenage Health Resource Hot-Line	35
Public Health Nurses	35
Mental Health Services	36
Complaint Process for Lack of Mental Health Services	36
Health Resources - Medical Services	37
Health Resources - Psychological Support	37
Health Resources - Family Planning, Pregnancy, Child Birth	38
Health Resources - Pregnant & Parenting Teenees	38
Health Resources - Substance Abuse Help	38
Health Resources - Youth Crisis Lines	39
Notes & Additions	40
Mentors	41
Get Involved	42
Legal Resources	43
Notes & Additions	44
California Ombudsman	45
Complaint Form	47

10 FACTS EVERY FOSTER YOUTH SHOULD KNOW

1. Go to Your Court Hearings!

You have the right to attend your court hearings and talk to the judge. Court hearings are your chance to let the judge know what you need. The judge wants to hear from you and will take what you say seriously. All foster youth need to play an active part in making decisions about their life. Also, make sure you get copies of all of your court reports.

2. Health Insurance to 21!

Foster youth who emancipated from foster care on their 18th birthday can have Medi-Cal health insurance until they turn 21, regardless of how much money they have or whether they are working or not. Contact the Office of the Foster Care Ombudsman or your case worker to find out what you need to do to get coverage.

3. Money Available for Emancipated Foster Youth!

The Governor has budgeted money for emancipated foster youth to help cover the cost of housing, college, transportation, or other needs. There is also money available for providing housing for former foster youth. Contact the Office of the Foster Care Ombudsman to find out more information.

4. See Your Case Plan and Your Court Report!

You have the right to see your case file, case plan, and court reports if you are 12 or over. Make sure you see your case plan. If it doesn't include everything you need, let your social worker know. It is important that you be your own advocate and speak up for what you need.

5. Get Your Driver's License!

While you are in foster care, you can get your driver's license if your guardian or biological parent sign the Department of Motor Vehicles (DMV) form. DMV will also accept the signature of a foster parent, grandparent, adult sibling, aunt or uncle who is living with you. If you get your own auto liability insurance, you can have your social worker or probation officer sign that form.

6. Participate in ILP!

Make sure you participate in the Independent Living Program, and take advantage of the services they provide while in-care and after you emancipate. If you don't participate in ILP, you may miss out on services that can help you with the purchase of a computer, earn money, find jobs and housing, or scholarship opportunities for college. For a listing of your local ILP contact, 951 358-3673.

7. Get Involved! Get Involved in the California Youth Connection.

The California Youth Connection is an organization that advocates for current and former foster youth ages 14-24 with chapters in many counties throughout California. Go to the chapter meetings in your county. If you don't have a chapter, contact the CYC statewide office at 1-800-397-8236 to find out about starting one. CYC is a great way to find out about the new changes in foster care programs that affect you. By getting involved with CYC, you can develop leadership and public speaking skills while helping make the foster care system better.

10 FACTS EVERY FOSTER YOUTH SHOULD KNOW

8. Free Money for School!

You are eligible for free money for college. Foster youth can receive financial aid that can help pay for tuition as well many of your living expenses, such as rent and transportation. Contact your county ILP program for more information or the Office of the Foster Care Ombudsman.

9. Foster Youth Have Rights! Know Your Rights!

Foster youth have many rights in care. If you don't know them, you can't speak out when they are being violated. You can learn more about your rights from your Emancipation Coach at RCC or send us a request for more information at ILP@rcc.edu

10. Seal Your Court File When You Turn 18!

Contact your ILP social worker or your ILP emancipation coach for further information regarding your rights as a foster youth!

The Following Information Comes From the ***“Hey Foster Youth – This web site is for you!”***
Sponsored by the Office of the California Ombudsman for Foster Care

Their toll-free number:.....1-877-846-1602

Their e-mail address:..... fosteryouthhelp@dss.ca.gov.

To make a complaint: go to our complaints page.

Foster Youth Have Rights!

You have the right to live in a safe, comfortable home with:

- enough clothes and healthy food
- your own place to store your things
- an allowance (if you are in a group home)
- a phone that you can use to make confidential calls (unless a judge says you cannot)

You have the right to:

- be treated with respect
- go to religious services and activities of your choice
- send and get unopened mail (unless a judge says someone else can open your mail)
- contact people who are not in the foster care system (like friends, church members, teachers, and others)
- make contact with social workers, attorneys, probation officers, CASAs, foster youth advocates and supporters, or anyone else involved with your case
- be told about your placement by your social worker or probation officer

No one can:

- lock you in a room or building (unless you are in a community treatment facility)
- abuse you physically, sexually or emotionally for any reason
- punish you by physically hurting you for any reason

Remember your rights. Also remember that the foster parent's or group home's job is to supervise you and keep you safe and healthy.

- look through your things unless they have a good and legal reason
- harass or discriminate against you because you are lesbian, gay, bisexual, transgender, or because someone thinks you are.

You have rights at court too! You can:

- go to court and talk to the judge
- see and get a copy of your court report and your case plan
- keep your court records private, unless the law says otherwise
- be told by your social worker or probation officer and your attorney about any changes in your case plan or placement

You have health rights! You can:

- see a doctor, dentist, eye doctor, or talk to a counselor if you need to
- refuse to take medicines, vitamins or herbs (unless a doctor or judge says you must)

You have family rights too! You can:

- visit and contact your brothers and sisters (unless a judge says you cannot)
- contact parents and other family members, too (unless a judge says you cannot)

You have school rights! You can:

- go to school every day
- go to after-school activities right for your age and developmental level

If you feel you are being discriminated against because of, but not limited to, your sex, race, color, religion, your sexual orientation, or for any other reason, please contact the Foster Care Ombudsman Help-line.

You HAVE RIGHTS

Know Your Rights!

For a complete list of foster youths' rights, call the Office of the Foster Care Ombudsman at 1-877-846-1602

You have the right to do some things on your own!

You Can:

- have your own emancipation bank account (unless your case plan says you cannot)
- learn job skills right for your age
- work, unless the law says you are too young to manage the money you earn (if right for your age, developmental level and it's in your case plan)
- go to Independent Living Program classes and activities if you are old enough

You have family rights too!

You can:

- visit and contact your brothers and sisters (unless a judge says you cannot)
- contact parents and other family members, too (unless a judge says you cannot)

You have other rights too!

You Can:

- tell the judge how you feel about your family, lawyer, and social worker
- tell the judge what you want to happen in your case
- have your own lawyer
- live with a family member if that would be a safe place
- call the Foster Care Ombudsman Office and Community Care Licensing at any time
- get help with school if you need it

Reference:

Welfare & Institutions Code Sections 27, 16001.9, 16160, 16501.1, Health and Safety Code Section 1530.91, California Code of Regulations Title 22, Div 6, Chap 5, Art 6 - Subchapter 1, Art 4 - Section 84072,
CDSS Manual of Policies and Procedures Section 31-401.5 and 31-445.142

Rights, Rights & More Rights!

Connection with a Caring Adult

- You have the right to identify and maintain relationships with appropriate individuals who are important to you, as long as it's in your best interest. The intent of current law is that no child shall leave foster care without a permanent caring relationship with an adult.
- Social workers must ask children aged 10 and older, placed in group homes, and who have been in the foster care system for six months or longer about relationships they have that are important to them.

Participation in social activities

- You have the right to participate in age-appropriate extracurricular, enrichment, and social activities such as school-sponsored field trips or sports, trips to the mall, sleep-over with friends, scouting, and 4-H without requiring criminal background checks of chaperones/friends and friend's parents/supervisors. Caregivers (foster parents, approved relative caregivers, or approved non-relative extended family members), using a prudent parent standard, must determine beforehand that there are no reasonably foreseeable risk that you may be harmed before you will be allowed to participate in any events. Welfare and Institutions Codes Section 362.05

Foster Youth Education Rights

Introduction - AB 490

Effective January 1, 2004, Assembly Bill 490 (Steinberg) imposes new duties and rights related to the education of dependents and wards in foster care.

Guiding Principles:

Everyone shares the duty to promote the educational progress of children in out of home placements

Educators, school personnel, social workers, probation officers, caregivers, advocates and juvenile court officers must all work together to serve the educational needs of children in foster care.

Foster youth must have access to the same academic resources, services, extracurricular and enrichment activities available to all students.
EC 48850(a)

YOU HAVE RIGHTS IN SCHOOL

School Stability

Role of the County Placing Agency

When making out of home placements, the placing agency must consider both the placement's proximity to the child's present school and the impact the placement will have on the child's educational stability. WIC 16501.1(c)

Role of the School

Educational placements of foster youth must be made to ensure that youth have access to the same resources available to all students, that the educational placement is the least restrictive environment, and that the educational placement is in the youth's best interest. WIC 361, 726, EC 48853

Right to remain in school of origin:

If the child's residential placement changes, the school district must allow the child to remain in her school of origin for the duration of the school year, provided it is in her best interest to do so. The child's best interest is determined by the school district foster care liaison, the person who holds education rights, and the child. If a dispute arises, the child has the right to remain in her school of origin until the dispute is resolved. EC 48853.5

School District Foster Care Liaison

Every school district and County Office of Education must have an educational liaison for foster children. The duties of a liaison are:

- To ensure proper school placement, enrollment and checkout from school
- To assist with the transfer of grades, credits and records when youth transfer schools
- To complete school record transfers within 2 business days. EC 48853.5

Preference for Public School

Foster children must attend programs operated by the local education agency unless the child has an IEP requiring a different educational placement, or the person with education rights determines that it is in the child's best interest to attend a different educational program or to remain in the school of origin. EC 48853

Immediate Enrollment

The child has the right to be immediately enrolled in the new school without school records, immunization records, uniforms, etc. EC 48853.5(d) (4) (b)

Timely Transfer of Records

The timely transfer of records is the responsibility of both the placing agency and the school district. EC 49069.5

YOU HAVE RIGHTS IN SCHOOL

County Placing Agency Worker

When the case worker or probation officer becomes aware of the need to transfer a student to a new school, he or she must:

- Notify the school of the student's last expected day of attendance
- Request the calculation of the student's educational information
- Request the student is transferred out. EC 49069.5

Case workers and probation officers may access the child's school records without parental consent or court order so that they may assist with school transfer or enrollment, compile the child's health and education summary, or fulfill educational case management duties. EC 49076

Old School

Within 2 business days, the old school must transfer the student out, and deliver the student's educational record to the next school. The record must include a determination of seat time, full or partial credits earned, classes, grades, immunizations and, if applicable, special education or § 504 plans. EC 49069.5

New School

The liaison for the new school shall, within 2 business days of the foster child's request for enrollment, contact the school last attended by the foster child to obtain all academic and other records. EC 48853.5(d) (4) (c)

Protection for Grades and Credits

A foster child's grades cannot be lowered due to absences caused by a change in placement, attendance at a court hearing, or a court ordered activity. EC 49069.5

Schools must award all students (not just foster youth) with credit for full or partial coursework satisfactorily completed at another public school, a juvenile court school, or a non-public, non-sectarian school. EC 48645.5

The California Foster Youth Education Task Force is a coalition of 21 organizations dedicated to improving educational outcomes for foster youth. For more information, please contact Sarah Vesecky or Leslie Heimov, Children's Law Center of Los Angeles, at 323.980.1700 or Erin Saberi, Casey Family Programs, at 916.646.3646 ext. 3007.

Fact Sheets have incorporated the Individuals with Disabilities Education Improvement Act of 2004 (effective July 1, 2005). Fact sheets produced April 2005.

You HAVE RIGHTS IN COURT

Dealing with the Courts

Go to Your Court Hearings!!!

It is very important that you attend your court hearings. You have the right to be notified of and to go to ALL your court hearings and address your wants and needs to the judge and to get copies of all of your court reports. Court hearings are your chance to let the judge know what you need. The judge wants to hear from you and will take what you say seriously. All foster youth need to play an active part in making decisions about their life. Also, make sure you get copies of all of your court reports. You have the right to see your case file, case plan, and court reports if you are 12 or over. Make sure you see your case plan. If it doesn't include everything you need, let your social worker know. It is important that you be your own advocate and speak up for what you need.

Talk to Your Lawyer!

Make sure you communicate with your lawyer about your needs and wishes. It is your lawyer's job to represent you in court and to convey what you want. If you don't know who your lawyer is, or have a problem contacting them, contact the Office of the Foster Care Ombudsman and we can help you.

Talk to Your Social Worker or Probation Officer!

Most youth in Foster Care have an attorney. Make sure to communicate your needs and wishes to your social worker or Probation Officer because they make reports to the court and make important decisions about where you live, who you live with, and your visits.

Seal Your Records!

When you turn 18, you have the right to go to court and ask that your case file be sealed. This is important, because if you don't seal your records, they will remain open for years.

Get a CASA!

A person that can help you with the court process is the Court Appointed Special Advocate, or CASA. The CASA spends time to get to know you and finds out what you need and want. The CASA will go to court with or for you and makes sure the judge and others who are working on your case know your needs and your perspective. Having another adult who is YOUR advocate is always valuable. <http://www.californiacasa.org/>

**To locate a CASA, or for more information
about court, call the Office of the Foster Care Ombudsman
at 1-877-846- 1602.**

YOU HAVE RIGHTS IN THE INDEPENDENT LIVING PROGRAM

ILP Youth - You Have A Right To Know!

Independent Living Program

Foster parents or facility personnel are never allowed to prohibit attendance in Independent Living Program (ILP) classes as a form of discipline. Attendance at ILP is a right, rather than a privilege of youth in foster care as they prepare for emancipation.

GETTING A DRIVER'S LICENSE

Drivers License Information

Foster youth, both dependents and wards, may apply for a driver's license if the application is signed by:

- a grandparent,
- a sibling over the age of 18
- an aunt,
- an uncle,
- or a foster parent with whom the minor resides,
- a probation officer or
- child protective services worker

If the foster youth files proof of financial responsibility.

Once a youth has a driver's license, his or her parents or guardian are responsible for any damages resulting from any accident or injury caused by the youth while driving a motor vehicle. The same is true for any person (including a foster parent) who signs a driver's license application on behalf of a youth. Only state and county probation officers and child protective services workers are specifically exempted from the joint liability provisions of VC Sections 17707 and 17708.

Therefore, probation officers and child protective services workers may sign driver's license applications on behalf of foster youth irrespective of the joint liability provisions if the foster youth file proof of financial responsibility. (ACL No. 01-30) (Vehicle Code (VC) Section 17701, 17707 and 17708)

SHOW ME THE MONEY

There is money available for both foster youth and former foster youth to help with education, housing, medical, transportation, and recreation expenses. Take advantage of the services offered!

Some possible sources of money....

- Emancipation stipends: counties have money for 18-21 year old emancipated foster youth for housing, education and living expenses. Ask your county's ILP coordinator.
- ILP programs: counties provide money to youth who participate in the program as an incentive. Also, many programs have scholarships, grants, and funds for driver's training, computers, and recreational activities.
- College Financial Aid: Foster youth are considered "independent" students. Therefore, they are eligible for maximum state and federal grants. Financial aid not only pays for tuition costs, but also helps pay for rent and living expenses.
- Welfare to Work: Former foster youth aged 18-25 are eligible for Welfare to Work funding for employment training, placement and services. Where to Get Help: Contact the local county welfare department listed under the County Government section of the telephone book to find the nearest welfare to work office.
- Emancipation housing: Counties can use up to 30% of their ILP funds for housing for emancipated youth.

**For more information on any
of these opportunities for current and former foster youth,
call the Office of the Foster Care Ombudsman at:
1-877-846-1602**

EDUCATION: HIGH SCHOOL

Get Your High School Education!

Need more time to graduate high school?

Your social worker can extend your foster care payments so you can stay in your foster or group home until you turn 19 or graduate.

How do I benefit from getting good grades in high school?

If you get good grades in high school, you will be eligible to attend a four-year university, and you will be eligible to get scholarships that will help you pay for college and housing while you attend college.

What if my grades aren't so great or I won't graduate from high school—can I still go to college?

Yes, you have many options! You can attend a community college, even if you have a very low GPA or you did not graduate from high school. You can transfer from a community college to a four-year university and you will still be eligible for scholarships and help with living expenses.

Get Help If You Need It!

If you need help with school, then ask — there are people who can help you! Many ILP programs provide tutoring or help with school and there are other programs that offer foster youth help, such as...

Foster Youth Services

Some counties have a program called Foster Youth Services, which helps foster youth in group homes with tutoring, getting school records, and other education-related services. If your county doesn't have a Foster Youth Services program and you would like one, call the Office of the Foster Care Ombudsman and we can help you.

**To locate a Foster Youth Services program or a tutoring program,
call the Office of the Foster Care Ombudsman
at 1-877-846-1602**

Your Best Investment!

A college education will help you earn more money, get better jobs, get respect from others, have financial and career security, gain new knowledge, and secure your future.

California Community Colleges

(No grade requirement/No cost to foster youth)

Even if your grades were bad, you did not graduate from high school or you received your GED, you still can go to a community college and transfer to a university. Community Colleges provide financial aid and other support that makes it possible for foster youth and emancipated youth to attend college, almost free of charge. You can earn your Associate Degree or a certificate in less than two years of full time classes. Community college vocational training programs include nursing, computer programming, mechanics and electronics. For more information, call the Community College Foundation Independent Living Program at 1-800-400-5881 or <http://www.cccco.edu/>

Four Year Colleges

California public four year colleges include both California State Universities (CSU) and Universities of California (UC). All of the public four-year universities have dorms where students can live and eat on the school campus. Financial aid programs can help pay for tuition, room and board, and expenses.

Guardian Scholars

CSU Fullerton has a program for former foster youth called the Guardian Scholars Program which accepts a certain number of foster youth every year into the college and provides a full scholarship, peer support, tutoring, and academic support. If you would like more information, contact the Office of the Foster Care Ombudsman. <http://www.fullerton.edu/guardianscholars/>

Financial Aid Information

Foster youth are eligible for many types of financial aid. There are state financial aid programs, federal financial aid programs, college and university financial aid programs, and scholarships from different sources.

EDUCATION: COLLEGE

Foster youth are also eligible for:

- Federal Pell Grants: Federal grants of money for low-income students that do not need to be paid back.
- Cal Grants A, B, C, and T: State grants of money for low-income students that do not need to be paid back.
- EOPS and EOP: Financial aid programs at community colleges and public four year universities that provide grants and stipends that do not need to be paid back.
- Federal loans: Money that must be paid back after students graduate from college.
- Fee waivers: Community College programs that waive the cost of classes for low-income students.
- Scholarships: Grants of money from different sources that youth must find and apply for that doesn't need to be paid back. Visit <http://www.csac.ca.gov/> for more information

Scholarships specifically for foster youth:

- The California Chafee Grant (See the next page to learn all about it)
- The Orphan Foundation of America Scholarships for Youth in Foster Care
- The Orphan Foundation of America is committed to helping parentless teens make the difficult transition from foster care into independent adulthood. As part of its mission, the foundation awards scholarships ranging between \$1,500 and \$10,000 a year to students pursuing two- or four-year degrees, or a vocational training certificate. Applicants to the OFA/Casey Family Scholars program must have been in foster care or a ward of the court for at least one year (twelve months) on their 18th birthday; be under the age of 25 and be enrolled in or have applied to college or a vocational training program. See the Orphan Foundation website for complete program guidelines and application procedures. RFP Link: <http://www.orphan.org/>

**For more information about how foster youth can attend
community colleges and four year colleges,
call the Office of the Foster Care Ombudsman at
1-877-846-1602**

FREE MONEY FOR VOCATIONAL TRAINING OR COLLEGE

Free Money for Vocational Training or College for Current or Former Foster Youth

What is a California Chafee Grant?

The California Chafee Grant Program gives free money to current or former foster youth to use for vocational school training or college courses.

What do I need to apply?

You must be enrolled in:

- an eligible vocational school or college
- a course of study at least half-time
- a course of study that is at least one year long

And you must maintain satisfactory academic progress.

To apply, you must: be eligible, or have been eligible for foster care, between your 16th and 18th birthday, not have reached your 22nd birthday as of July 1, 2007, and file two forms:

1. 2008-2009 Free Application for Federal Student Aid, or FAFSA. File online at www.fafsa.ed.gov or get a paper form from your school. Students without a Social Security number or who are unable to complete a FAFSA must have their school contact the California Student Aid Commission (Commission) for further instructions and assistance.
2. California Chafee Grant Program Application. Apply online or send the paper form to the Commission. The online and downloadable forms are on our Web site at the Commission for an application.

How will I know if I'm selected?

The Commission will review your 2008-2009 FAFSA and your Chafee Grant Application. Then the California Department of Social Services will verify your Independent Living Program (ILP) status and your school financial aid office will determine your financial aid eligibility. Once all of the above is completed, the Commission will send you a letter notifying you of your award status.

How will I get the grant?

Your grant will be sent to the vocational school or college where you are enrolled. Talk to your school's financial aid advisor about how the school will disburse the grant.

Will the award affect my other school aid?

Yes, receipt of this award may affect other financial aid you may be receiving, so be sure to check with your school's financial aid office.

What kinds of institutes or colleges can I attend in California?

You can attend participating campuses of the:

University of California, California State University, California Community Colleges, independent college, private colleges or vocational school.

FREE MONEY FOR VOCATIONAL TRAINING OR COLLEGE

Can I attend a vocational school or college outside California?

Yes, you can attend a qualifying vocational school or college outside of California. Your vocational school or college and program of study must meet certain criteria. (See "What do I need to apply?") If you have a question regarding a college, contact the Specialized Programs Operations Branch staff of the Commission.

Could I lose California Chafee Grant benefits?

Yes, if your enrollment in a vocational institute or college falls below half-time in the term(s) awarded, or if you fail to maintain satisfactory academic progress.

How do I renew my Chafee Grant?

It's easy! All you need to do is complete the 2008-2009 FAFSA. Renewal students do not need to submit another 2008-2009 Chafee Grant application. (Students without a Social Security number, or who are unable to complete a FAFSA, must have their school contact the Commission for further instructions.) It is important to report any name, address or school changes to the Commission as soon as possible to avoid any delay in the award process. The Commission will contact the Financial Aid Office of your vocational school or college to verify you are enrolled at least half-time, you are maintaining satisfactory academic progress and you have financial aid need.

Can others help me learn about Chafee Grants for current or former foster youth?

Yes, you can contact your ILP Emancipation Coach, ILP social worker/probation officer, school financial aid administrator/school counselor, One-Stop Career Centers, or at: www.chafee.csac.ca.gov

How can I contact the Commission?

If you have questions regarding the California Chafee Grant Program:

You can contact the California Student Aid Commission at:

California Student Aid Commission - Specialized Programs
Attn: California Chafee Grant Program
P. O. Box 419029
Rancho Cordova, CA 95741-9029

You can call the Commission at 1-888-224-7268 from 8 a.m. until 4:55 p.m. Monday through Friday.

You can e-mail your questions to the Commission at: specialized@csac.ca.gov

You can review general California Chafee Grant information at: www.chafee.csac.ca.gov

REMEMBER: ABSOLUTELY MAKE SURE YOU CONTACT THE COMMISSION WHENEVER THERE ARE CHANGES IN YOUR:

- Mailing address
- School of attendance
- Enrollment status
- Name
- Social Security Number (SSN)
- Telephone number

EDUCATION RESOURCES

California State University

23 Campuses throughout California
<http://www.calstate.edu>

California Community Colleges

109 Community Colleges through California
<http://www.cccco.edu/find/alphabetical.htm>.

University of California

10 Campuses throughout California
<http://www.universityofcalifornia.edu>

FAFSA –

Free Application for Federal Student Aid
www.fafsa.edu

Chafee Grant

<http://www.chafee.csac.ca.gov>

CAL-GRANTS

<http://www.csac.ca.gov/doc.asp?ID=20>.

Riverside Adult School

6735 Magnolia Ave.
Riverside
(951) 788-7185, FAX (951) 369-4966
Adult Education programs, high school diploma, GED preparation, and ESL classes

Casa Blanca Home of Neighborly Service

7680 Casa Blanca Street
Riverside
(951) 688-3043, FAX (951) 688-3286
Adult Education program, GED and vocational job evaluation-Call for Information

Rubidoux Community Resource Center

5473 Mission Blvd.
Riverside
(951) 328-1575, FAX (951) 683-2964
This Center offers numerous resources. Adult Education and ESL Classes Call for Information

Jurupa Unified School District Adult Education

4041 Pacific Ave
Riverside
(951) 222-7739, FAX (951) 788-8689
Provides GED classes, ESL and others. Call for further information

Community Settlement Association

4366 Bermuda Ave.
Riverside, CA 92507
(951) 686-6266
Tutoring, cultural enrichment, recreational activities. Youth program ages 13-17.

RIVERSIDE COUNTY COMMUNITY COLLEGES

Riverside Community College District

Riverside City College

4800 Magnolia Ave
Riverside, CA 92506-1299
(951) 222-8000

RCCD, Moreno Valley Campus

16130 Lasselle Street
Moreno Valley, CA 92551-2045
(951) 571-6100

RCCD, Norco Campus

2001 Third Street
Norco, CA 92860-2600
(951) 372-7000

Mt. San Jacinto Community College District

San Jacinto Campus & Menifee Valley Campus

1499 N. State Street
San Jacinto, CA 92583-2399
(951) 487-6752

College of the Desert

43-500 Monterey Ave
Palm Desert, CA 92260
(760) 346-8041

One-Stop Centers help you find a job!

There are many services available to help current and former foster youth find a job or enroll in a job-training program. Current and former foster youth aged 14-21 can receive many services at the California One-Stop Career Centers in their community.

- Tutoring and study skills
- Help with GED and other high school alternatives
- Summer employment
- Paid and unpaid work experience- internships and job shadowing
- Occupational skills training
- Leadership development opportunities
- Supportive services
- Mentoring
- Guidance and counseling including drug and alcohol abuse.

For more information on One-Stop Centers see: <http://go.fast.to/one-stop>

Other Job Resources

There are many web-sites that list available entry-level jobs in your area. Try these to start:

- Information on entry-level employment jobs for youth aged 16-24: www.entry-level.net
- California Employment Development Department jobs: www.edd.cahwnet.gov
- Job Search Guide by California region: www.jobsmart.org

Other Programs

Job Corps

Job Corps is a program for 16-24 year olds that provides a place to live, medical care, vocational training, and a GED. Students live on the Job Corps campus while they receive vocational training for a job. This program is free. For more information about Job Corps, call 1-800-733-JOBS. You can also visit the Job Corps web-site at: www.jobcorps.org.

Americorps

Americorps provides a living allowance, health insurance, training, and a \$4,275 education award to help pay for college for vocational training for serving full-time in community service. Young people can live on campus or on their own. For more information, visit the Americorps web-site at: www.cns.gov/amicorps/joining/.

Conservation Corps

The California Conservation Corps is a residential program for 18-23 year olds that has a motto of "hard work, low pay, miserable conditions... and more!" Members of the Conservation Corps live on a campus and are paid to do day to day conservation work and provide emergency response to floods, fires, oil spills, and earthquakes. For more information call: 1-800-952-JOBS or visit the website at www.ccc.ca.gov/

EMPLOYMENT

Youth Employment Opportunity Program (YEOP)

The Youth Employment Opportunity Program (YEOP) is intended to provide services to youth ages 15 through 21 to assist them in achieving their educational and vocational goals. They provide:

- Peer Advising and mentoring
- Referrals to supportive services
- Job referral and placement assistance
- YEOP workshops
- Referrals to training

Contact your local Employment Development Department (EDD) job service site (listed under Employment Development Department or www.edd.ca.gov).

**For more information on any of these opportunities
for current and former foster youth, call the
Office of the Foster Care Ombudsman at:
1-877-846-1602**

EMPLOYMENT RESOURCES

EMPLOYMENT / JOB TRAINING & PLACEMENT RESOURCES

Riverside Community College

4800 Magnolia Ave • Riverside
(951) 222-8084

Provides job referrals, resume assistance, contact Mr. Greg Ramirez

Hire-A-Youth Nationwide Program

888-968-8456

Resume Preparation, job application assistance, interview techniques and job referrals for youth 16-21 years

California Conservation Corp Statewide Program

800-952-JOBS (5627) • www.ccc.ca.gov.

Residential and non-residential life skills training and work programs in environmental conservation, fire protection, and emergency response for ages 18-25 years

Job Corps Statewide Program

800-788-6305 • www.jobcorpsworks.org

Residential employment and training program for youth ages 16-24 years

California Department Rehabilitation Riverside District Office

3130 Chicago Avenue • Riverside, CA 92507
(951) 782-6650

California Department Rehabilitation San Bernardino District Office

464 W. 4th Street, Suite 152
San Bernardino, CA 92401
(909) 383-4401

Operation Teenwork

Workforce Development Center
44-199 Monroe Street • Indio, CA 92201
760-863-2502

Inland Agency-Project YES (Youth + Education = Success)

6235 River Crest Drive Suite P
Riverside, CA 92507
(951) 697-6565

Seeks to place disadvantaged youth into quality jobs.

Regional Occupational Program

Riverside County Office of Education
3939 Thirteenth St.
Riverside, CA 92502
(951) 826-6797

Entry level vocational training for high school students 16 and older and adults

Websites:

www.monstertrak.com
www.snagajob.com
www.jobbing.com
www.rivcojobs.com

YOUTH OPPORTUNITY CENTERS IN RIVERSIDE COUNTY

Arbor-Win Youth Opportunity Center

Charles Nava, Program Director
45-570 Grace St. Suite 1
Indio, CA 92201
760-775-2887

The program includes:

Career Assessment & Exploration

- Job Shadowing
- Informational Interviews
- Internships

Life Skills & Leadership Skills Development

- Workshops
- Guest Speakers
- Specialized Curriculum
- Conflict Resolution

Development of Work Readiness Skills

- Resume Development
- Interview Techniques
- Dress for Success

Job Training & Placements in Entry Level Positions

Exploration of Post-Secondary Options

- Campus & Company Tours

Assistance in Increasing Basic Skills

Competency & Completion of a High School Diploma or GED

EMPLOYMENT RESOURCES

Rubidoux Youth Opportunity Center

Angel Rios, Program Manager
5656 Mission Blvd.
Riverside, CA 92509
(951) 683-9622

Goal is to create a system of services to meet the education, employment and development needs of youth in Riverside County.

Programs Include:

- Tutoring Study Skills Training
- Summer Employment Opportunities
- Paid and Unpaid Work Experience
- Adult Mentoring
- Comprehensive Guidance and Counseling, and much more

Youth Ages 14-21

U.S. Citizen or Eligible Non-Citizen
Riverside County Resident
Self Motivated Individual
Low Income
Lead Agency: YMCA

Empower State Building-California Family Life Center

Mary Jo Ramirez, Program Director
930 North State Street
Hemet, CA 92543
(951) 765-0917

Developing Work Readiness Skills

- Resume Creation
- Interviewing Techniques
- Dress for Success

Work Experience & Career Exploration
Job Training and Placement in Entry Level Positions

Paid & Unpaid Work Experience
Job Shadowing
Internships

Summer Employment Opportunities
Adult Mentoring

Leadership Development
Organize a Community Services Project
Participate in Leadership Training
Workshops

Technology Skills
Windows/Microsoft Systems
Internet Skills
Web-based Projects
Education

Basic Skills Competency
High School Diploma or GED Completion
Exploration of Post-Secondary Education
Tutoring Study Skills Training

Youth TRUST

Karla Noonan, Program Director
24551 Dracaea Ave.
Moreno Valley, CA 92553
(951) 571-4817

Hours: Summer Hours: Mon-Fri 10:00am-6:00pm

Are you 14-21? Interested in taking advantage of our services that can enhance future career options for youth by providing resources and training including academic skills? Let the Moreno Valley Youth TRUST help you with opportunities that we offer to those youth who desire to invest in their own future.

Perris - The OASIS

Rosa Penaloza, Director
351 Wilkerson Ave., Suite F
Perris, CA 92570
(951) 657-7105

Hours: M & T 8:30am - 7:00pm; W, TH, F 8:30am - 5:30pm; 3rd Saturday of the month 9:00am - 1:00pm

If you are 14 to 21 years of age this program might be for you. Some of the exciting things you can do through the PV Workforce Investment Network (WIN) program include: Receive tutoring & study skills training
Enroll in Perris Union High School District's self-paced high school diploma program or the Workforce Academy Vocational Education (WAVE) program

Students may enroll in college courses offered by Mt. San Jacinto College or Riverside Community College

Job Club

Youth obtain occupational skill training in an area of interest

Leadership development provided
Supportive services such as child care, transportation, and clothing may be provided

Adult mentoring during participation and afterwards

Follow-up services for 12 months

Comprehensive guidance and counseling
GED classes available

Computer Technology classes offered
Arts & Crafts, Recreational Activities
Sound Academy

EMPLOYMENT RESOURCES

Lake Elsinore - Planet Youth

Mary Jo Ramirez, Director
400 W. Graham
Lake Elsinore, CA 92530
(951) 471-8415

Hours: M,F 8am-5pm; T,W,Th 8am-7pm;
Saturdays & hours vary each month
Do you need job training? Help with college? Need help with graduating from high school? Planet Youth provides youth ages 14-21 with opportunities to learn and grow as an individual. We have GED prep courses, tutoring, independent living skills, occupational training programs, internships, paid work experience, and TONS OF FUN!! Earn incentives while you build your future. IMPROVING MINDS! EMPOWERING YOUTH!

CHILD CARE RESOURCES

Arlanza Head Start

Riverside County Office of Education
5891 Rutland Avenue • Riverside, CA 92503
(951) 352-7984

Boys & Girls Club/Head Start

Preschool Services Department
1180 W. 9th Street • San Bernardino, CA 92411
(909) 381-4294

Concillio-Casablanca Child Care

3020 Madison St. • Riverside
(951) 689-7891
A federally funded program. Parents must be working or going to school. Fee based on family size and income

Mulberry Childcare & Pre School

10250 Kidd St. • Riverside
(951) 688-4242
This facility accepts all GAIN participants. Fee for non Gain participants,

Rubidoux Child Care Center

5765 42nd St.
Riverside (951) 274-794
A federally funded program. Pre School parents not working are fine. Day Care parents must be working or going to school. Fees are based on family size and income. Children 3 months to 13yrs old. Hours are based on need

Riverside Community College Lab Schools

Early Child Hood Studies Department
Riverside, CA
(951) 222-8068-Call for Fees

Jan Peterson Child Care Center

26985 Brodiaea Ave. • Moreno Valley
(951) 601-9200
Non-profit, private organization. Accepts GAIN and other programs. All children 6weeks to 5 years old with current shot records

Temple Beth El Child Development Center

2675 Central Ave. • Riverside (951) 682-7282

La Sierra Academy

4601 Pierce Street. • Riverside
(951) 343-0979
A non-profit organization accepts GAIN and other subsidized programs. Sliding scale fees.

Magnolia Child Development Center

13130 Magnolia Ave
Corona (951) 272-0977
A privately owned facility accepts GAIN and other subsidized programs.

HOUSING ASSISTANCE AFTER YOU EMANCIPATE

Resources Are Available!

Emancipating from foster care can be both exciting and frightening. This year, more money is available to help emancipating youth to get started on their own.

- Some counties have Transitional Housing Programs (THP+) for former foster youth 18 – 21 years old and older. For more information contact the Office of the Foster Care Ombudsman at 1-877-846-1602.
- Your county ILP program has money to spend on 18-21 year old former foster youth to help with housing, college or vocational training costs, transportation, and other needs.
- Counties can now use up to 30% of their increased ILP funds for housing for emancipated foster youth.

Emergency Shelters

Emergency shelters can provide a temporary place to help you get back on your feet and provide a plan to live temporarily. Call the county social services number, your ILP Coordinator, or the Office of the Foster Care Ombudsman to locate a shelter in your area.

To locate housing programs for emancipated youth, a shelter or other resources call the Office of the Foster Care Ombudsman at 1-877-846-1602!

Community Action Partnership

Utility Assistance Program: A one-time assistance payment program that helps low and moderate income households pay their utility bills. Program also offers energy conservation education.

HOUSING RESOURCES

HOUSING RESOURCES

Housing & Urban Development (HUD)

<http://www.hud.gov/local/index.cfm?state=ca&topic=renting>
A Federal Program providing referrals to low income rental housing

Riverside County Housing Authority

County wide locations available (951) 351-0700
<http://www.harivco.org>
Section 8 and referrals for low income rentals-

Community Action

2038 Iowa Ave Ste B-102
Riverside (951) 955-4900
Emergency shelter programs in Riverside county-

Safe House Transitional Living Program

4509/4539 Main Street
Riverside-(951) 369-4921
www.operationsafehouse.org

Positive Living Programs

3975 5th Street
Riverside (951) 778-0296
Transitional Housing Program

Lutheran Social Services

3772 Taft Street
Riverside (951) 689-7847
Transitional Living Program

Riverside Men's Shelter, Salvation Army

3315 Park Street
Riverside, (951) 781-8676
Shelter services to homeless men, supportive services info & referral job counseling & employment prep. Educational tutoring & counseling

AFTER EMANCIPATION RESOURCES

Adult Protective Services

Riverside County (800) 491-7123
<http://dpss.co.riverside.ca.us/dpss/aps1.htm>

Child Protective Services

Riverside County
(800) 442-4918
<http://dpss.co.riverside.ca.us/dpss/childrenservices1.htm>

Foster Care Ombudsman

(877) 846-1602
<http://www.fosteryouthhelp.ca.gov/>

Birth Certificates-Riverside County Hall of Records

(916) 445-2684- Call to request an application
<http://www.dhs.ca.gov/hisp/chs/OVR/BirthOrderCert.htm>

California Department of Motor Vehicles (DMV)

(800) 777-0133 • www.dmv.ca.gov
Driver's License, I.D., and vehicle registration

Social Security Administration

(800) 772-1213 • www.ssa.gov

Temporary Assistance for Needy Families, TANF/ Cash aid programs

(951) 358-4800
<http://dpss.co.riverside.ca.us/dpss/dpsslocations1.htm>.
Call the number and request an application.

HOUSING RESOURCES

DISCOUNT HOUSING, CLOTHING AND THRIFT STORES

Bargain Center

3784 Elizabeth St. • Riverside
(951) 788-8782

Discount Clothing:

Best Deal Thrift & Antiques

2960 Rubidoux Blvd
Riverside (951) 782-8814

Discount Stores:

God's Helping Hand III

323 La Cadena Dr
Riverside (951) 222-2172

Thrift Stores:

Goodwill Industries

6086 Magnolia Ave
Riverside (951) 684-1160

Riverside Hospice Thrift Store

6052 Magnolia Ave.
Riverside (951) 683-0577

Ninety-Nine Cents Only Stores

3477 Arlington Ave.
Riverside, (951) 248-9170

Ninety-Nine Cents Only Stores

9915 Magnolia Ave.
Riverside (951) 343-2293

Food Resources – Emergency and Low Cost

Salvation Army

3695 First Street
Riverside (951) 784-3571, FAX (951) 784-0790
Provides emergency food, clothing, rental assistance, motel vouchers and disaster services

VCF Community Services

16445 Porter Ave.
Riverside, CA 92504-(951) 789-8514, FAX (951) 780-1981

Assists the homeless with bagged lunches, food boxes and hygiene supplies to the low income. "Change Your Life" program provides clothing, housing, and utility assistance, job search

Queen of Angels Church

4824 Jones Ave.
Riverside (951) 689-3674
Provides emergency food

Riverside Mission Foursquare Church

4291 11th Street
Riverside (951) 683-4651
Provides groceries 2nd, 3rd, and 4th Wednesday. First come First serve basis

Sacred Heart Church

9935 Mission Blvd.
Riverside (951) 685-5058
Distributes food to those in need.

Salvation Army

14068 Graham Street
Moreno Valley (951) 656-1822
Provides emergency food, clothing, rental assistance, motel vouchers and disaster services

Salvation Army

3695 First Street
Riverside (951) 784-3571
Provides emergency food, clothing, rental assistance, motel vouchers and disaster services

Southern California Indian Center, Inc

1151 Spruce Street
Riverside (951) 955-8029
Emergency food pantry

Women, Infant and Children (WIC)

County-wide Program
<http://www.rivco-nutrition.org/wic.htm>.
(800) 455-4942

HOMELESS SHELTERS & INFORMATION

Adventist Community Team Services (ACTS)

(909) 796-8357

Alethian Christian Foundation

12801 Oaks Av • Chino, CA

(909) 627-3635

(food) – M, Tu, Th 10 - 2

The Agape House

Fontana

Mike/Pat Johnson – (909)574-5679

for women under 24 with kids under 10

Catholic Charities (food & clothing)

9375 Archibald Ave. Suite 302 • Rancho

Cucamonga

(909) 481-7196

food: Tues & Wed 10-3PM

315 N. Park • Pomona

(909) 622-3466 • 596-4171

1450 N. "D" St. • San Bernardino 92405 *(for
Riverside also)*

(909)388-1239, 880-3625

(M-F, 8:30 AM-noon, 1 PM-4:30 PM)

Catholic Social Services

250 W. Orange • Pomona, CA

(909) 596-4171

(counseling & funds for basic needs)

Central City Lutheran Mission

1354 N. G St. • San Bernardino

(909) 381-6921

Chino Homeless Closet

(909) 464-8380

Chino Human Services Dept.

(909) 591-9822

Chino Neighborhood House

(909) 628-5608

food, clothing, info. – M,W,F (9 AM - 1 PM)

Circle of Hope shelter (Salvation Army)

420 W. Harrison • Corona, CA

Geovanna – (951) 278-2215

*(be there at 4:30-5 PM to eat, and 6:30 PM to
sleep) no ID OK*

Clearwater Residential Care

2995 Van Buren #142 • Riverside 92503

(951) 443-6849 • (951) 924-5732 • (951)

352-1381

Coachella Valley Rescue Mission

Indio

(760) 347-3512

Community Development Center

Pomona

(909) 620-0839

Community Services Dept.

686 E. Mill Street • SB 92415

Family Development Program

(909) 891-3950 • fax: 891-3865

Coronado Stone & Tile

11191 Calabash Av • Fontana 92337

Pastor Albert/Mike – (909)357-8295 x3019

c: (909)357-9945

(men, work)

Desert Manna Ministries

Barstow

(760) 256-7797

(2 nights)

Faith Incorporated

Pastor Drapeau – (951) 203-2719

Foothill Family shelter

Upland

Miriam – (909) 920-5568

M-F, 9-5 – (for families with children)

Fountain of Love Church

(909) 622-5434

Fontana Community Welfare Agency

(909) 882-5969

Frazee Comm. Center

1140 Mill St. San Bernardino, Ca 92410

(909) 889-4424

Free Indeed "The Ranch"

Perris

Patrick Smith – (951)943-5159

HOMELESS SHELTERS & INFORMATION

God Cares Ministries

2646 W. Baseline • Rialto, Ca 92376
Pastor Rick, Jimmy – (909) 938-9856, (909)
289-0417
(men/women \$450/mo)

Harris House

San Bernardino
(909) 885-8804
men/women

Hemet Valley Restart Shelter

(951) 766-7476
M-F 9-5

High Desert Homeless Services

(760) 245-5991 • (760) 245-7513

His Hands – St. Joseph's Church

877 N. Campus • Upland 91786
(909) 981-8110
(food & clothing) – M - F, 9 - 11:30 AM

Home Again Project – Family Services Association

612 Lawton St • Redlands
(909) 793-2673
1 night motel voucher

Homeless Coalition

Susan Wright (referrals) – (909) 891-3884

Homeless Health Care

L.A. County
(213) 744-0724

Homeless Outreach Program & Education (H.O.P.E.)

213 N. Fern Ave. (near Vine & Holt) • Ontario
91762
(909) 983-5783, 933-1182
(M-F, 8:30 AM-12 noon, 1-2:30 PM)

Hotline for Food

(800) 643-6630 • (909) 387-6861
referral service – M-F 8am to 3pm

House of Decisions

(951) 845-0103
(women/children)

Housing Authority

Upland – (909) 982-2649

Ontario – (909) 983-1318 (section 8)

San Bernardino

672 S. Waterman • San Bernardino 92408
(909) 890-9533

Housing California

(916) 447-0503

Housing Community Development

(909) 388-0900

I-Care Shelter

Riverside
Terry – (951) 354-2273, urgent: 359-8350
(drug & alcohol rehab. - single women, families)

INFOLINE

(909) 980-1994 x201
R.C. – (909) 945-4313
L.A. Co. – (800) 339-6993
M-F, 8-5

Riverside Shelters

(951) 686-HELP (or 4357)

Inland Empire United Way

(888)435-7565
(909)980-2857

Inland Temporary Homes

(909) 796-6381
(families w children)

Inner Vision

Ontario
women – (909) 930-2390
men – (909) 923-1193
(no psych. meds.)

Isaiah's Rock

Chino
(909) 628-8808, 0966
(vouchers)

HOMELESS SHELTERS & INFORMATION

Jesus Outreach Ministries

282 E. 5th St. • San Bernardino
(909) 879-0247
(food & clothing)

L.A. International Church Homeless Program

(213) 207-2750

Lilly Ruff

(909) 387-8111

Loveland Church

Rialto
Min. Joseph-Lloyd – (909) 899-0777

Low Income Health Centers

(800) 942-1054

Lutheran Social Services “Genesis Home”

3772 Taft Street Riverside
Olena – (951) 689-7847
(women w kids < 5 only) – M-Th 9-1

Martha’s Village and Kitchen

Indio
(760) 347-3512
(call 8-430)

Mercy House

Ontario
Gail or Judy – (909) 460-6768

National Resource Center for Homelessness & Mental Illness

Laura – (800) 444-7415 x242
Jason – (518) 439-7415 x242

New Beginnings

613 Nevada St. • Ontario 91762
Pastor Ernie – (909) 395-9333
(men only, no psych)

New Beginnings “Rainbow House”

13001 W. 7th Street Chino
(909) 628-3144
(women only)

New Beginnings Resource Center

446 W 20th St • San Bernardino 92405
Pastor Patricia Small private – (909) 886-6032
(psych. meds. OK) – (prefers females)

Nightingale Program

Palm Springs
(760) 318-0071
for homeless families with at least 1 underage child

No Higher Calling

15410 Grand Ave. • Lake Elsinore
Pastor Danny Barrios – (951) 609-1955
(men & women with kids)

One Nation Under God

(888) 480-0007
Darryl – (562) 972-5002
Riverside – (951) 683-1196
San Bernardino – (909) 888-3064
Chino – (909) 465-9315

Operation Grace

San Bernardino
(909) 382-8540
(women) – 9am–3pm

Operation Safe-House

Riverside
(951) 351-4418
(runaways)

Our House – Inland Valley Council of Churches

1753 N. Park Ave. • Pomona
(909) 623-1031
Joyce (ex. director) – (909) 629-3743/622-3806
*intakes 8 AM-12 PM, M-Th
(30 day program, women or families, no single men, not rehab.)*

food – 1095 S. Grand • Pomona
(909) 622-7278

Our Lady of Solitude

(760) 325-3816
(emergency food)

Pacific Lifeline

Upland
(909) 931-2624
(women w children)

HOMELESS SHELTERS & INFORMATION

Path of Life Ministries

2840 Hulen Place • Riverside
(951) 683-4101, 275-8755, 275-0004
intake 1-3pm

Pomona Neighborhood Ctr. (Nat. Guard Armory)

600 S. Park • Pomona 91766
(909) 620-7691
(4 PM - 10 PM) – need a TB test

Positive Living Program

Riverside
(951) 778-0296
*coed drug & alcohol recovery
apply for GR/\$250/month*

Probation Dept. of San Bernardino County

(909) 988-1141

Project Achieve

11411 Valley Blvd. • El Monte 91731
Rudy or Tony – (626) 444-9000
fax: (626) 444-9044

Project Home Again Homeless Support Svcs

(909) 881-6146

Project Place

Pasadena, CA
(626) 791-0211

Reach Program

San Bernardino – (909)778-3980
Riverside David Gross office – (951) 955-8150
*(day shelter/food/clothing/referrals/
counseling)*

Refuge House – Lifeline Ministries

(951) 277-0793
Rita Wilson – cell: (909) 973-4357

Riverside Co. Dept. of Beh'l. Health Homeless Program

1827 Atlanta Ave Suite D3 • Riverside 92507
sup: Kristin Miller
Regina, Alice or Elaine – (951) 955-8000
fax: (951) 955-8010
Hemet – Frances, John or Zandra – (951)
791-3324

Riverside Financial Assistance

(951) 737-6060

Rolling Start

(909) 884-2129
(disabilities)

Rue's House

(213) 295-4030
(HIV+ women & kids) – M-F

Safe House Trans. Living Program

4509 Main St. • Riverside 92501
(951) 369-4921
(18-21years)

Salvation Army shelter (Hospitality House)

845 W. Kingman • San Bernardino 92410
(909) 888-1336
women & children with ID at 4 pm

Adult Rehabilitation Ctr

(909) 889-9605
intake for men at 7 pm

food only:

1412 S. Euclid • Ontario
(909) 986-6748

food, clothing, & financial services:

Redlands – (909) 792-6868
Indio – (760) 324-2275

S.B. Co. Dept. of Beh'l. Health Homeless Program

237 W. Mill Street • S.B. 92408
(909) 388-4133, f:388-4190
*(after hours go to Arrowhead Med. Ctr.,
580-1000)*

S.B. Co. Dept. of Social Services

Ontario (909) 933-6300

10825 Arrow Route • Rancho Cucamonga
91729
(909) 945-0700

St. Vincent De Paul

(800) 716-0646
(Mon, Tues, Wed)

HOMELESS SHELTERS & INFORMATION

San Bernardino Fair Housing Council

housing discrimination – (909) 884-8056
tenant-landlord conflicts – (800) 321-0911

Set Free Ministries

473 W. Baseline Rd • San Bernardino
(909) 383-2323

3842 Coyote Road • Phelan 92371
(760) 868-1617

Apple Valley E&H St. • Victorville
Chuck/Chris – (760) 961-1431

2433 10th St. • Riverside
(951) 682-0960

Yucaipa – (909) 790-1393

Sober College

Malibu
(800)465-0142
(17 ½ to 29)

So. California Housing Development Corp.

(909) 483-2444
discounted apartments in Rancho Cucamonga

Soldiers for Christ

(909) 988-7335
(men) no psych!

SOS Program

Palm Springs – (760) 340-2798
call Jennifer for temp homeless (appl. on 300)
(760) 325-4088

Special Forces

8525 Pecan • Rancho Cucamonga
(near Arrow & Etiwanda)
Pastor Acuna – (909) 463-9618
(men<27, no meds)

St Theresa's Church

(760) 323-2669
(emergency food)

Tender Loving Missions

Lake Elsinore
(951) 678-1485
(food & clothing, Sat. only, 11am-1pm)

The Rock Church

San Bernardino
(909) 825-8887
(food Tu, Th 9-11am)

Traveler's Aid Internat'l

Washington, D.C. – (202) 546-3120
Inland Empire – (909) 986-4988
M-Th 10-4, F 10-1

Union Station

Pasadena – (626) 449-4596

Passageways – (626) 403-4888

United States Mission for the Homeless

Yucaipa
(909) 790-0874

Veronica's Home of Mercy

(909) 888-9064
(no psych.)

Vista Guidance Clinic

9th & D • San Bernardino
(shower/clothing)

Well of the Desert

(760) 327-8577
1911 Baristo St • Palm Springs 92261
(emergency food) – M-F 8-12:15pm

West Side Community Services

San Bernardino
(909) 384-5428

Whiteside Manor Homeless Shelter

(951) 343-9485
call START (stabilization treatment team) first:
(909) 778-3500
(dual coed)

Women's Family Crisis Ctr.

(909) 623-9751
(food/clothing)

Medi-Cal coverage until 21 years for foster youth

All foster youth are eligible for Medi-Cal. Youth have the right to receive needed medical and dental care while in foster care and after they emancipate (see All County Information Notice No. I-117-00). Through the Extended Medi-Cal Program for Emancipated Foster Youth young people whose dependency terminated at 18 or later can continue to receive Medi-Cal until their 21st birthday. It is important to take care of yourself and stay healthy, and there are services that can help you do that. If you are going to emancipate from foster care or you have already emancipated from foster care contact your Independent Living Coordinator or your social worker to sign-up for the Extended Medi-Cal Program for Emancipated Foster Youth.

Medi-Cal Hot-Line

If you have questions about Medi-Cal eligibility and medical and dental bills you can contact the Medi-Cal Hotline at: 916-636-1980

Teenage Health Resource Line

The Teenage Health Resource Line is a toll-free number where nurses answer confidential health questions. The hours are 7a.m. to 11p.m. 7 days a week. The number is 1-888-711-TEEN. Health questions can also be e-mailed to teenhealth@lpch.stanford.edu.

Public Health Nurses

The Health Care Program for children in foster care was created to improve healthcare needs of foster children and youth. In this program, county public health nurses work with children's caseworkers to coordinate services needed by foster youth to resolve physical, mental, dental and developmental problems.

**If you need help with a health related issue,
or want more information about keeping your
Medi-Cal until 21, call the
Office of the Foster Care Ombudsman at 1-877-846-1602.**

HEALTH RESOURCES

Mental Health Services

The Therapeutic Behavioral Services (TBS) is a service for children and youth with serious emotional problems who are experiencing stressful transitions or life crises and need additional short-term support to prevent an out-of-home placement or transfer from an out-of-home placement to a higher level placement. TBS may also enable a transition from one level of out-of-home placement to a lower level placement. For children or youth being placed out of home or transferring from one placement to a higher level placement, the child's County Mental Health Plan must consider whether the provision of TBS will allow the child to remain in his or her current living situation.

Please contact county social workers for additional information or the State Department of Mental Health Technical Assistance and Training Liaison staff as follows:

Bay Area Region, Ruth Walz	(707) 252-3268
Central Region, Anthony Sotelo	(916) 651-6848
Northern Region, Jake Donovan	(530) 224-4727
Southern Region, Eddie Gabriel	(916) 654-3263

To initiate TBS Services, a Mental Health Plan must be initiated. (The phrase "Mental Health Plan" refers to a county mental health agency). Generally, the child's social worker refers a child to the County Mental Health Plan Agency. However, a foster parent, group home, relative or the Foster Care Ombudsman office can also make a referral on behalf of a foster child to a Mental Health agency. The Mental Health agency then performs an intake and a staff member is responsible for making appropriate referrals such as for a psychiatric evaluation, counseling, and other mental health services. Once a Mental Health Plan has been established for a foster youth, TBS services can be implemented.

Complaint Process for Lack of Mental Health Services

A complaint can be made if there is reason to believe that insufficient Mental Health services are being provided to a foster child. The process is as follows:

1. Contact a local Mental Health facility and request a complaint form.
(See in-house Resources Directory for names and numbers.)
2. If you have questions or concerns, Mental Health agencies work with patients' rights advocates who are not associated with the agency. These advocates can either assist you with information or make a referral to the statewide patient advocate, called Protection and Advocacy, Inc. The Sacramento office is located at 100 Howe Ave. The phone number is 916-575-1610; the Hotline number is 1-800-254-5166.

**If you need help with a mental health issue
or want more information call the
Office of the Foster Care Ombudsman at 1-877-846-1602.**

MEDICAL SERVICES

Medically Indigent Services Program (MISP)

26520 Cactus Avenue, Room C1076
Moreno Valley, Ca
(951) 486-5375

This program is designed to provide financial assistance for the health needs of adults between the ages of 21 and 65

Riverside County Medical

3993 Jurupa Ave. • Riverside
(951) 686-6224

Teen Challenge International

5445 Chicago Avenue • Riverside
(951) 683-4241 • www.teenchallenge.com
Drug recovery and prevention programs

Eastside Family Health Care

1970 University Avenue • Riverside
(951) 276-0661
Free or low cost family health services

Loma Linda University School of Dentistry

11092 Anderson Street • Loma Linda
(951) 558-4675
General dentistry at a very low cost to youth

Riverside County Dept of Mental Health

Locations throughout Riverside County
(800) 706-7500
<http://www.co.riverside.ca.us/Help.asp>
Adult mental health services

Riverside County Dept of Mental Health

Locations throughout Riverside County
(951) 778-3500
<http://www.co.riverside.ca.us/Help.asp>
Alcohol/substance abuse services

Riverside County Dept of Mental Health

Locations throughout Riverside County
(951) 358-4705
<http://www.co.riverside.ca.us/Help.asp>
Crisis/out patient services

PSYCHOLOGICAL SUPPORT

Alternatives to Domestic Violence

1485 Spruce St. / P.O. Box 910 • Riverside
(800) 339-7233 (Riverside County Area Only)
Emergency shelter for battered women (Horizon House). Outreach and advocacy and community education. Max 30-day stay. 1st come 1st serve basis. Free services-24Hours

Rape Crisis Center

1465 Spruce St. Ste. G • Riverside
(951) 686-7273, FAX (951) 686-0839
Free crisis hotline, hospital, court, law enforcement, accompaniment, info & referral, follow up, community education, child abuse prevention, senior outreach program, bilingual outreach program-M-F 8am-5pm

Family Service Association - Anger Management Group

3634 Elizabeth St • Riverside
(951) 686-3706 24-Hours
FAX (951) 686-7267
Provides counseling, anger management education & treatment, child abuse prevention & treatment.

Loma Linda University Marriage & Family Therapy Clinic

164 W. Hospitality Lane. Suite #15
San Bernardino
(909) 558-4934, Fax (909) 478-4334
Offers individuals, group, marriage, family & adolescent counseling. Services for child abuse prevention, grief counseling, domestic violence, chemical addiction and a wide range of other issues.

Riverside Co. Public Social Service Adult Protective Services

1020 Iowa Ave • Riverside
(800) 491-7123 or (951) 955-3454
24-hour crisis intervention for elderly and dependant adult abuse.

HEALTH RESOURCES

Riverside County Public Social Services Survivors Group

10281 Kidd St. • Riverside
(951) 358-3615

Professionals provide group therapy to members of incestuous families through the Parents United, Adults Molested As Children (AMAC), and Daughters and Sons United Program in the Riverside Metro, Corona, Norco, Rubidoux area

Carolyn E. Wylie Center for Children and Families

4164 Brockton Ave.
Riverside, CA 92501
(951) 683-5193

The Carolyn E. Wylie Center for Children, Youth & Families is a 501(c) 3 non-profit organization providing services for children from birth to 18 and their families in Riverside and San Bernardino County, California. Services include child-care, outreach counseling, therapy, and parenting classes.

Domestic Violence Hotline (800) 339-7233

FAMILY PLANNING, PREGNANCY, CHILD BIRTH RESOURCES

Riverside County Public Health Department Family Planning Program

4065 County Circle Drive Room 209
Riverside, CA 92513
(951) 358-6631

San Bernardino County Public Health Department

351 N. Mountain View Avenue
San Bernardino, CA 92415
(909) 387-6315

PREGNANT & PARENTING TEENS

Riverside County Office of Education Teen Parent/Cal-Safe Program

3939 13th Street
Riverside, CA 92502
(951) 826-6464

San Bernardino County Public Health Maternal Health Program

505 N. Arrowhead Avenue 3rd Floor
San Bernardino, CA 92415
(800) 227-3034

Planned Parenthood

1873 Commerce Center West
San Bernardino, CA 92408
(909) 890-5515

Planned Parenthood

3772 Tibbetts Street, Suite A
Riverside CA, 92506
(951) 682-8540

Moreno Valley Community Hospital

27300 Iris Ave
Moreno Valley (951) 243-0811

Parkview Community Hospital

3865 Jackson Street
Riverside (951) 688-2211

Riverside Community Hospital

4445 Magnolia Ave
Riverside (951) 788-3000

Riverside County Regional Medical Center

26520 Cactus Ave
Moreno Valley (951) 486-4000

SUBSTANCE ABUSE HELP

Nicotine Anonymous Southern California

(800) 642-0666
24 Hour message, refers caller to mutual self-help groups for smokers

Christian Family Counseling

6117 Brockton Ave. Ste. 202 • Riverside
(951) 682-7138
Provides marriage, individual, family, teen, adolescent. Drug and alcohol counseling, testing and screening. Sliding fee scale Non profit.

Family Service Association

3634 Elizabeth St. • Riverside
(951) 686-3706

Anger Management, Parenting, Individual and family counseling

**Riverside County Regional Medical Center
Department of Psychiatry**

9990 County Farm Road, Suite 1
Riverside, (951) 358-4881

My Family Recovery Center

5870 Arlington Ave • Riverside, CA
(951) 683-6596, FAX (951) 683-4239

Out patient counseling for alcohol abuse, drug abuse, dual diagnosis, psychiatric, HIV/AIDS testing, 12-step mgmt program. Spanish spoken

Riverside Psychiatric Medical Group

5887 Brockton Ave Suite A • Riverside
(951) 275-8500, FAX (951) 275-8560

Private for profit psychiatric medical group provides outpatient mental health chemical dependency counseling as well as eating disorder counseling.

Christian Counseling Center

4937 Sierra Vista Ave. • Riverside
(951) 785-2400

Christian interns and trainees offer family, marital, individual and group counseling.

Helicon II Center Residential Treatment Program

10001 County Farm Road • Riverside
(951) 343-2536, FAX (951) 343-2541

A 30-bed residential treatment program for sex offenders with on site school. Program serves adjudicated males only ages 7-17yrs. Offers AA, NA, Pathways & licensed therapist

National Family Support/ Mental Health-

800-682-1696

24 hour recording invites callers to request info for mental health & referrals to local programs

Recovery, Incorporated

(951) 784-0570

Self help group. For nervous people or former mental patients to help control depression, anger and fears. Call for meeting times and locations

YOUTH CRISIS LINES AND HELP LINES

The Office of the Foster Care Ombudsman can help you with most issues, but if you need help right away when the toll-free phone line is not available, these 24 hour lines may help.

California Youth Crisis Line (1-800-843-5200)

Provides 24-hour counseling service, information and referrals for all areas of California regarding medical services, shelters, crisis centers, AIDS testing, and transportation info.

NINELINE (1-800-999-9999)

Provides 24-hour information, referrals and assistance to any youth in crisis.

National Runaway Switchboard (1-800-621-4000)

Provides 24-hour assistance, information, and referrals to youth who have run away or other youth in crisis.

Mentor programs pair a caring adult with a foster youth. Mentors can be an adult to talk to, someone to go places with, a support system, and a stable presence in your life. Visit the Governor's Mentoring Partnership website at: <http://www.mentoring.ca.gov/>

The Americorps Foster Youth Mentoring Program is a program through the community colleges that pairs college students with foster youth. (sac.edu/students/support_services/student_handbook/amicorps.htm)

The Big Brothers and Big Sisters are caring adults who are mentors to children. Men and women from all backgrounds help guide their Little Brothers and Little Sisters toward bright futures by sharing life experiences. "Bigs" and "Littles" enjoy schoolwork, sports, recreational activities, movies, museums, and just talking together. (<http://www.bbbsa.org>)

**If you would like to find a mentor, call the
Office of the Foster Care Ombudsman at
1-877-846-1602**

Get Involved--You are the Expert

Your voice is needed to help make changes to the foster care system. The groups and people who make foster care policies and legislation need to hear from you so that decisions are made that truly reflect the needs of foster youth. There are several ways to get involved so your voice and perspective is heard by decision-makers.

Volunteer with the Office of the Foster Care Ombudsman!

Foster youth volunteers are needed to assist the Office of the Foster Care Ombudsman make presentations on the Foster Care Ombudsman Program to foster youth groups, group homes, shelters, judges, and other child welfare professionals. Volunteers will also assist staff on a variety of projects while working hours that fit your schedule. Call 1-877-846-1602 to apply, or e-mail fosteryouthhelp@dss.ca.gov.

Join the California Youth Connection!

The California Youth Connection (CYC) is an organization of current and former foster youth. The youth members are between the ages of 14 and 24. Currently there are 22 chapters and over 300 members in California. Foster youth members of CYC are assisting their county and state in making the foster care system better and breaking the stereotypes of foster youth. For more information, call the statewide CYC office at: 1-800-397-8236 or visit their website at www.cal youthconn.org.

The California Youth Connection is an organization that advocates for current and former foster youth ages 14-24 with chapters in many counties throughout California. Go to the chapter meetings in your county. If you don't have a chapter, contact the CYC statewide office at 1-800-397-8236 to find out about starting one. CYC is a great way to find out about the new changes in foster care programs that affect you. By getting involved with CYC, you can develop leadership and public speaking skills while helping make the foster care system better.

Start a Youth Council at your group home!

Licensing regulations state that youth have the right to form a resident's youth council in group homes that will work on making the group home a better place to live for all the residents. The Office of the Foster Care Ombudsman can help you start a Youth Council if you are interested. Call 1-877-846-1602 for more information.

Riverside Co. District Attorney Family Support

Division-2041 Iowa Ave. • Riverside

(951) 955-4100

*Established child and medical support orders,
locate parents, enforce orders*

Riverside Co. Public Defender Civil Division

4200 Orange St. • Riverside

(951) 955-6030

*Provides attorneys to assist in the defense
of persons regarding civil matters and are
unable financially to provide their own
attorney. Public defenders are appointed by
a court judge*

Riverside Co. Public Defender

9991 County Farm Road Room 118

Riverside

(951) 358-4134, FAX (951) 358-4287

*Provides attorneys to assist in the defense of
persons accused of a crime and are unable
financially to provide their own attorney.
Public defenders are appointed by a court
judge*

Riverside County Public Guardian

3190 Chicago, P.O Box 1405 • Riverside

(951) 341-6440

*24 hours-Public guardians, when appointed
by the court, act as guardian for the persons
legally incapable of administering their affairs
and assets*

United Fathers of America

4073 Brocton Ave. • Riverside

(951) 369-8001, FAX (951) 758-9557

*Divorce, custody, visitation and support
counseling, guidance and assistance.*

Monthly support and sharing meetings

\$250.00 yearly membership

California Ombudsman for Foster Care Help Line 1-877-846-1602

The Office of the Foster Care Ombudsman was established by legislation, California Senate Bill 933, and has been mandated to do the following:

- Ensure the voice of foster children and youth is heard, and act on their behalf.
- Create an avenue for foster children and youth to file complaints regarding their placement, care and services without fear of retribution from those who provide their care and services.
- Act as an independent forum for the investigation and resolution of complaints made by or on behalf of children placed in foster care and make appropriate referrals.
- Provide children and youth with information on their rights when placed in foster care.
- Maintain a toll-free telephone number which foster children and youth may call from anywhere in California to express their concerns and complaints.

Facts:

- The Foster Care Ombudsman Office established its toll free help line on May 2, 2000.
- The Ombudsman Office compiles all the complaints received and reports them annually to the Legislature.
- Over half of the staff for the Ombudsman's Office are former foster youth.
- An All County Letter was distributed on August 25, 2000 which informs counties that all county social workers are required by SB 933 to provide foster children with information about the Office and the toll-free number.
- The Office has staff members who speak Spanish.

Frequently Asked Questions

How big does my problem have to be to call?

No matter the size, the Office of the Foster Care Ombudsman can assist you with problems you are having in your placement. If we can't resolve the problem, we can refer you to someone who can.

If I already emancipated from foster care, can you help me?

The Office of the Foster Care Ombudsman can give you information about services available to emancipated foster youth such as how to get stipends, financial aid for college, and housing.

CALIFORNIA OMBUDSMAN

Who will you tell that I have made a complaint?

If you call the Office of the Foster Care Ombudsman to make a complaint, we will not tell anyone your identity without getting your permission first.

If I am being abused, can I make an anonymous complaint?

No. We take child abuse complaints very seriously. If someone is abusing you, our office must report it, which means we need to know who you are so the proper authorities can look into your complaint.

Can I make a complaint for someone else?

Yes, you can always call the Office of the Foster Care Ombudsman and make a complaint for someone else.

Can you help me find services or programs like money for college or money for housing?

The Office of the Foster Care Ombudsman can provide you with information about what services are available to foster youth in your county such as transitional housing programs, employment programs, scholarships, or independent living programs.

Our toll-free number: 1-877-846-1602

Our e-mail address: fosteryouthhelp@dss.ca.gov

**To make a complaint:
go to our complaints page or fill out
the complaint form on the following page**

COMPLAINT FORM

Complaint Form

Information about the Foster Youth:

Name _____

Phone Number _____

Name of Home/Group Home _____

Address of Home/Group Home _____

Name of Social Worker _____

Phone Number of Social Worker _____

Name of Attorney _____

Phone Number of Attorney _____

Information about You (the Complainant)

Your Name _____

Your Phone _____

Your Address _____

Are you the foster youth? _____

If not, what is your relationship to the youth involved? _____

Do you wish to remain anonymous? _____

Complaint (Include names, dates, locations, conversations, etc. you can write attach another sheet of paper if you need to or write on the back of this sheet):

You can contact the Office of the Foster Care Ombudsman at:

1877-846-1602 • FAX 916-651-6568

or send a complaint or letter to us at:

744 P Street, M.S. 9-025

Sacramento, California 95814

Or send email to: www.fosteryouthhelp@dss.ca.gov

