



Foster and Kinship Care Education



Riverside City College
FKCE Schedule of Classes
September 2009 - January 2010
Serving all of Riverside County

Registration
Call (951) 222-8937



WELCOME FROM THE DIRECTOR

Well, here we are again - a new program year about to begin! I am so pleased to report that, despite the national economic challenges and the California budget 'woes', the FKCE program is alive and well.

Welcome back to those of you who regularly attend the workshops we offer to resource families and relative caregivers, and...welcome to those who may be discovering the program for the first time. I trust you will find the topics offered during this first half of the 2009-2010 year interesting and beneficial.

As always... please, please, please remember to call and register (951-222-8937) for classes you would like to attend. There is always space for all attendees in every class, but occasionally a class must be canceled or a location has to be changed, due to unforeseen circumstances. If you have pre-registered, we have your name and contact number, and can prevent you from making an unnecessary trip, or going to the wrong location. If I am not in the office when you call, please leave a message on my voice mail. Include your name, phone number and the date/location of the class(es) for which you are registering - I will add your name to the list. If you are calling at the last minute, and do NOT hear back from me, please feel free to attend the class.

You can also send me an e-mail if that is more convenient. My address is penny.davis@rcc.edu.

You can now also access the FKCE brochure on the RCC Website. Go to www.rcc.edu, click on Student Services, click on Workforce Preparation, click on Foster and Kinship Care, scroll down to the bottom of the page, and the brochure is a downloadable PDF file.

I am looking forward to this new year, and hope to see you at one or more workshops. Should you have any questions, comments or concerns, or have an idea for a class topic we have not presented, I am always happy to hear from you.

Penny G. Davis, M.A

Director, Foster & Kinship Care Education

TABLE OF CONTENTS

Banning.....	2
Cathedral City.....	4
Corona/Norco.....	5
Espanol.....	20
Hemet.....	7
Lake Elsinore.....	9
Moreno Valley.....	10
Rancho Mirage.....	13
Riverside.....	14
Temecula/Murrieta.....	17



BANNING

Happy Faces Foster Family Agency

50 West 1st Street, Banning, 92220

(Exit 10 Fwy at 8th, North to Ramsey, Right on Ramsey, Left on First)

Morning Classes

Attachment Re-Parenting (pd)

Tuesdays, September 22, 29, October 6 and 13: 9 am to noon

Description: This 4-week series will look at the Attachment Cycle for both well-nurtured infants and those from non-nurturing environments. The impact on brain development, learning and behavior will be explored. The class will spend focused time looking at how development (cognitive, physical and social/emotional) is affected by chronic trauma (abuse, neglect), as well as the importance of understanding the behavior of these children. Tools for effective discipline will be included. **Please plan to attend all four sessions.**

Back to School (dc)

Tuesday, November 24: 9 am to noon

Description: Children in the foster care system often have multiple moves, which in turn sometimes requires a school move as well. This class will provide caregivers with an understanding of the challenges children face when this happens, and will explore tools that will assist with assessing appropriate grade placement, advocate with the school system and help children to develop coping skills during times of transition.

Thirteen Going On Thirty (dc)

Tuesday, December 15: 9 am to noon

Description: Early adolescence can be a challenging time for many children. Those who come into the foster care system have often been prematurely exposed to sex and violence - via the media and/or as a result of sexual or domestic abuse. They may be especially susceptible to self-injurious behaviors (cutting, drug abuse, eating disorders) or to acting out (aggression, defiance). This class will discuss these issues, and more, and will offer caregivers tools for understanding and helping the youth in their care.

Caregiver Rights and Responsibilities (ts)

Tuesday, January 19: 9 am to noon

Description: This class will provide an overview of the 'system' for caregivers..what are caregivers' rights and responsibilities with regard to foster care compared with legal guardianship, or adoption? What are caregivers' rights and responsibilities when a child goes to court, or regarding the child's birth parents? These issues and more will be discussed.

BANNING

Evening Classes

Marriage, Family Relationships and Fostering (ts)

Monday, September 14: 6 pm to 9 pm

Description: Being a caregiver for children in the foster care system can have dramatic and sometimes unforeseen impact – both positive and negative – on marriage and on other family members. Extended family, as well as nuclear family, are affected. This class will explore these dynamics and provide caregivers with tools to manage these changes, within their family.

Fetal Alcohol Spectrum Disorders (cb)

Monday, October 19: 6 pm to 9 pm

Description: Fetal Alcohol Spectrum Disorders are a result of injury to the brain of an infant, due to maternal drinking during pregnancy. These injuries lead to learning disabilities, poor judgment, challenging behaviors, etc. This class will look at the signs and symptoms of FAS, early intervention and treatment.

Cultural Competence (vs)

Monday, November 16: 6 pm to 9 pm

Description: This class will explore the impact of one's culture on identity - norms, beliefs, values, language, family structure, customs, etc. Sometimes caregivers and the children in their care see things very differently. Understanding the diverse populations of our current and future world will help caregivers respond more effectively to children.

Conflict Resolution (mw)

Monday, December 7: 6 pm to 9 pm

Description: This class will explore conflict - what it is, how and why it happens, and then will look at communication and leadership styles that come into play when we are in conflict with another. Tools and strategies to lessen conflict and to cope with it when it happens will be discussed.

Importance of Male Role Models (dc)

Monday, January 11: 6 pm to 9 pm

Description: Research supports the idea that children with one or more positive male influences in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and the importance in their lives.

CATHEDRAL CITY

Cathedral City Elementary School

69-300 Converse Rd, Cathedral City, 92234

(10 Fwy to Date Palm Exit, towards Cathedral City, several miles then turn Left on Converse, travel a couple of blocks – school on the Left)

Parenting From the Heart: Long-Term Solutions (pd)

Saturday, October 10: 9:30 am to 4 pm

Description: During the morning, this class will give caregivers a deeper understanding of children who have experienced chronic trauma (abuse, neglect, multiple moves) and will involve an exploration of the 'purpose' behind some of the behaviors and situations played out in foster homes. Some common challenging behaviors will be explored (lying, stealing, hoarding food, aggression, defiance). During the afternoon participants will receive assistance with real situations occurring in their homes, using this new understanding. Participants are encouraged to bring specific challenges for discussion.

Lunch and childcare will be provided (no cost for 'For the Children' FFA members, nominal fee for others/non-members). Please contact Sylvia Signoret for more information: (760) 567-7954



CORONA/NORCO

Norco Public Library

3954 Old Hamner Rd, Norco, 92860

(15 N. to 6th, Exit on 6th – turn West to Hamner, North on Hamner, immediate Right on Old Hamner, down the small road, and to the left is the library)

Morning Classes

Back to School (vs)

Wednesday, September 9: 10 am to 1 pm

Description: Children in the foster care system often have multiple moves which, in turn, sometimes requires a change in school as well. This class will provide caregivers with an understanding of the challenges children face when this happens, and will explore tools to help appropriately assess grade level placement, advocate with the school system and assist children in developing coping skills during times of transition.

Lying, Stealing, Hoarding Food: Why Do They Do That? (pd)

Wednesday, October 14: 10 am to 1 pm

Description: These issues happen often with children in the foster care system, and caregivers sometimes feel 'stumped' by why they do it and how to handle it. This class will explore the dynamics of each of these behaviors, and will also look at aggression and defiance. Caregivers who have other challenging behaviors in their homes are encouraged to attend.

Thirteen Going On Thirty (kk)

Wednesday, November 18: 10 am to 1 pm

Description: Early adolescence can be a challenging time for many children. Those who come into the foster care system have often been prematurely exposed to sex and violence – via the media and/or as a result of sexual or domestic abuse. They may be especially susceptible to self-injurious behaviors (cutting, drug abuse, eating disorders) or to acting out (aggression, defiance). This class will discuss these issues, and more, and will offer caregivers tools for understanding and helping the youth in their care.

Violence In Culture and Media: Are We Teaching Our Kids to Kill? (pd)

Wednesday, December 9: 10 am to 1 pm

Description: Many of the children in the foster care system have experienced a great deal of violence - in their daily lives with families, in their communities, in the world at large as well as in the media with which they spend their time. This class will explore the impact of violence - on all of us.

CORONA/NORCO

Development and Discipline: The First Five Years (pd)

Wednesday, January 13: 10 am to 1 pm

Description: This class will explore the physical, social, emotional, and cognitive needs of children from infancy through the fifth year. The specific challenges faced by children who have experienced chronic trauma will be included. Often, traditional discipline methods - time out, etc are not effective. This class will look at 'relationship-based' tools.

Evening Classes

Importance of Male Role Models (vs)

Monday, September 28: 6 pm to 8 pm

Description: Research supports the idea that children with one or more positive male influences in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives.

Development and Discipline: The First Five Years (kk)

Monday, October 26: 6 pm to 8 pm

Description: This class will explore the physical, social, emotional, and cognitive needs of children from infancy through the fifth year. The specific challenges faced by children who have experienced chronic trauma will be included. Often, traditional discipline methods - time out, etc are not effective. This class will look at 'relationship-based' tools.

Grief and the Holidays (vs)

Monday, November 23: 6 pm to 8 pm

Description: This class addresses the grieving process and why holiday time can be especially difficult for children in the foster care system. Caregivers will gain an understanding of grief issues and learn some tools to help the children in their care through this challenging time of year.

Cultural Competence (vs)

Monday, December 14: 6 pm to 8 pm

Description: This class will explore the impact of one's culture on identity - norms, beliefs, values, language, family structure, customs, etc. Sometimes caregivers and the children in their care see things very differently. Understanding the diverse populations of our current and future world will help caregivers respond more effectively to children.

CORONA/NORCO

Caregiver Rights and Responsibilities (kk)

Monday, January 25: 6 pm to 8 pm

Description: This class will provide an overview of the 'system' for caregivers...what are caregivers' rights and responsibilities with regard to foster care compared with legal guardianship, or adoption? What are caregivers' rights and responsibilities when a child goes to court, or regarding the child's birth parents? These issues and more will be discussed.

HEMET

California Family Life Center

701 W. Esplanade Ave., San Jacinto, 92582

(West from State St, or East from Sanderson, to Esplanade, site is on north side of street, in strip mall, red awnings on bldg)

Morning Classes

Back To School (dc)

Tuesday, September 8: 9 am to noon

Description: Children in the foster care system often have multiple moves, which in turn results in school moves. This class will provide caregivers with an understanding of the challenges children face when this happens, and will explore tools to assess appropriate grade level placement, advocate with the school system and assist children in developing coping skills during times of transition.

Grief and the Holidays (vs)

Tuesday, October 6: 9 am to noon

Description: This class addresses the grieving process and why holiday time can be especially difficult for children in the foster care system. Caregivers will gain an understanding of grief issues and learn some tools to help the children in their care through this challenging time of year.

Development and Discipline: The First Five Years (pd)

Tuesday, November 3: 9 am to noon

Description: This class will explore the physical, social, emotional, and cognitive needs of children from infancy through the fifth year. The specific challenges faced by children who have experienced chronic trauma will be included. Often, traditional discipline methods - time out, etc are not effective. This class will look at 'relationship-based' tools.

Importance of Male Role Models (dc)

Tuesday, December 1: 9 am to noon

Description: Research supports the idea that children with one or more positive male influences in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives.

Fetal Alcohol Spectrum Disorders (dc)

Tuesday, January 5: 9 am to noon

Description: Fetal Alcohol Spectrum Disorders are a group of injuries to the brain of an infant, as a result of maternal drinking during pregnancy. These injuries leads to learning disabilities, poor judgment, challenging behaviors, etc. This class will look at the signs and symptoms of FAS, early intervention and treatment.

Evening Classes

Conflict Resolution (mw)

Wednesday, September 16: 6 pm to 9 pm

Description: This class will explore conflict - what it is, how and why it happens, and then will look at communication and leadership styles that come into play when we are in conflict with another. Tools and strategies to lessen conflict and to cope with it when it happens will be discussed.

Thirteen Going On Thirty (kk)

Wednesday, October 14: 6 pm to 9 pm

Description: Early adolescence can be a challenging time for many children. Those who come into the foster care system have often been prematurely exposed to sex and violence - via the media and/or as a result of sexual or domestic abuse. They may be especially susceptible to self-injurious behaviors (cutting, drug abuse, eating disorders) or to acting out (aggression, defiance). This class will discuss these issues, and more, and will offer caregivers tools for understanding and helping the youth in their care.

Marriage, Family Relationships and Fostering (ts)

Wednesday, November 18: 6 pm to 9 pm

Description: Being a caregiver for children in the foster care system can have dramatic and sometimes unforeseen impact - both positive and negative - on marriage and on other family members. Extended family, as well as nuclear family are affected. This class will explore these dynamics and provide caregivers with tools to manage these changes, within their family.

HEMET

[Lying, Stealing, Hoarding Food: Why Do They Do That? \(pd\)](#)

Wednesday, December 9: 6 pm to 9 pm

Description: These issues happen often with children in the foster care system, and caregivers sometimes feel 'stumped' by why they do it and how to handle it. This class will explore the dynamics of each of these behaviors, and will also look at aggression and defiance. Caregivers who have other challenging behaviors in their homes are encouraged to attend.

[Cultural Competence \(cb\)](#)

Wednesday, January 13: 6 pm to 9 pm

Description: This class will explore the impact of one's culture on identity - norms, beliefs, values, language, family structure, customs, etc. Sometimes caregivers and the children in their care, see things very differently. Understanding the diverse populations of our current and future world will help caregivers respond more effectively to children.

LAKE ELSINORE

California Family Life Center – Planet Youth

400 W. Graham St. Lake Elsinore, 92530

(15 Fwy to Main, West off the exit to Graham, north on Graham)

[Caregiver Rights and Responsibilities \(kk\)](#)

Monday, September 21: 9 am to noon

Description: This class will provide an overview of the 'system' for caregivers..what are caregivers' rights and responsibilities with regard to foster care compared to legal guardianship, or adoption? What are caregivers' rights and responsibilities when a child goes to court, or regarding the child's birth parents? These issues and more will be discussed.

[Lying, Stealing, Hoarding Food: Why Do They Do That? \(pd\)](#)

Monday, October 19: 9 am to noon

Description: These issues happen often with children in the foster care system, and caregivers sometimes feel 'stumped' by why they do it and how to handle it. This class will explore the dynamics of each of these behaviors, and will also look at aggression and defiance. Caregivers who have other challenging behaviors in their homes are encouraged to attend.

LAKE ELSINORE

Thirteen Going On Thirty (kk)

Monday, November 16: 9 am to noon

Description: Early adolescence can be a challenging time for many children. Those who come into the foster care system have often been prematurely exposed to sex and violence – via the media and/or as a result of sexual or domestic abuse. They may be especially susceptible to self-injurious behaviors (cutting, drug abuse, eating disorders) or to acting out (aggression, defiance). This class will discuss these issues, and more, and will offer caregivers tools for understanding and helping the youth in their care.

Importance of Male Role Models (vs)

Monday, December 14: 9 am to noon

Description: Research supports the idea that children with one or more positive male influences in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives.

Foster Parenting and Grief (vs)

Monday, January 11: 9 am to noon

Description: Opening one's home to children, whether short or long term, can often result in caregivers and other family members experiencing significant grief when the children are removed. This class will explore the grieving process, and offer tools that will help caregivers and their families understand and cope with these feelings.

MORENO VALLEY

Moreno Valley Senior Center

25075 Fir Ave., Moreno Valley, 92553

(½ block east of Perris Blvd, between 60 Fwy and Eucalyptus)

Morning Classes

Back To School (dc)

Tuesday, September 15: 9 am to noon

Description: Children in the foster care system often have multiple moves, which in turn necessitates a change of school. This class will provide caregivers with an understanding of the challenges children face when this happens, and will explore tools to assess appropriate grade level placement, advocate with the school system and assist children in developing coping skills during times of transition.

MORENO VALLEY

Happiest Baby on the Block (pd/jk)

Tuesday, October 20: 10 am to noon (note: 2 hr class)

Description: This class will be based on the book of the same name, by Dr. Harvey Karp, a well-respected pediatrician and child development specialist. Caregivers will learn the tools that will effectively soothe infant crying, and increase sleep (for both baby and caregiver).

Thirteen Going On Thirty (dc)

Tuesday, November 10: 9 am to noon

Description: Early adolescence can be a challenging time for many children. Those who come into the foster care system have often been prematurely exposed to sex and violence – via the media and/or as a result of sexual or domestic abuse. They may be especially susceptible to self-injurious behaviors (cutting, drug abuse, eating disorders) or to acting out (aggression, defiance). This class will discuss these issues, and more, and will offer caregivers tools for understanding and helping the youth in their care.

Importance of Male Role Models (vs)

Tuesday, December 8: 9 am to noon

Description: Research supports the idea that children with one or more positive male influences in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives.

Attachment Re-Parenting (pd)

Tuesdays, January 5, 12, 19 and 26: 9 am to noon

Description: This 4-week series will look at the Attachment Cycle for both well-nurtured infants and those from non-nurturing environments. The impact on brain development, learning and behavior will be explored. The class will spend focused time looking at how development (cognitive, physical and social/emotional) is affected by chronic trauma (abuse, neglect), as well as the importance of understanding the behavior of these children. Tools for effective discipline will be included. **Please plan to attend all four sessions.**



MORENO VALLEY

DPSS Training Center

22690 Cactus Ave. Moreno Valley, 92553

(across from Smart & Final, entrance at back of bldg.)

Evening Classes

Whole Family Foster Family Training (vs)

Thursdays, September 24, October 1, 8, 15, 22 and 29: 6 pm to 9 pm

Description: This 6 week series (18 hours) will explore all of the dynamics and issues involved in caring for pregnant and parenting foster youth AND their babies within the same foster family. Participants must complete ALL six classes for certification.

Cultural Competence (cb)

Thursday, November 5: 6 pm to 9 pm

Description: This class will explore the impact of one's culture on identity - norms, beliefs, values, language, family structure, customs, etc. Sometimes caregivers and the children in their care, see things very differently. Understanding the diverse populations of our current and future world will help caregivers respond more effectively to children in their care.

Conflict Resolution (mw)

Thursday, December 3: 6 pm to 9 pm

Description: This class will explore conflict - what it is, how and why it happens, and then will look at communication and leadership styles that come into play when we are in conflict with another. Tools and strategies to lessen conflict and to cope with it when it happens will be discussed.

Marriage, Family Relationships and Fostering (ts)

Thursday, January 21: 6 pm to 9 pm

Description: Being a caregiver for children in the foster care system can have dramatic and sometimes unforeseen impact – both positive and negative – on marriage and on other family members. Extended family, as well as nuclear family, are affected. This class will explore these dynamics and provide caregivers with tools to manage these changes, within their family

RANCHO MIRAGE

JPL BIBLE CHURCH

39-001 Monterey Ave., Rancho Mirage, 92270

(10 Fwy, exit Monterey, travel South, church is on right)

Importance of Male Role Models (dc)

Wednesday, September 23: 10 am to noon

Description: Research supports the idea that children with one or more positive male influences in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives.

Marriage, Family Relationships and Fostering (ts)

Wednesday, October 28: 10 am to noon

Description: Being a caregiver for children in the foster care system can have dramatic and sometimes unforeseen impact – both positive and negative – on marriage and on other family members. Extended family as well as nuclear family are affected. This class will explore these dynamics and provide caregivers with tools to manage these changes, within their family

Fetal Alcohol Spectrum Disorders (dc)

Wednesday, December 16: 10 am to noon

Description: Fetal Alcohol Spectrum Disorders are a group of injuries to the brain of an infant, as a result of maternal drinking during pregnancy. These injuries lead to learning disabilities, poor judgment, challenging behaviors, etc. This class will look at the signs and symptoms of FAS, early intervention and treatment.

Lying, Stealing, Hoarding Food: Why Do They Do That? (pd)

Wednesday, January 20: 10 am to noon

Description: These issues happen often with children in the foster care system, and caregivers sometimes feel 'stumped' by why they do it and how to handle it. This class will explore the dynamics of each of these behaviors, and will also look at aggression and defiance. Caregivers who have other challenging behaviors in their homes are encouraged to attend.

RIVERSIDE

Rubidoux High School Annex – Rm T 8

4250 Opal St., Riverside, 92509

(Mission Inn Dr, turn South on Pacific – street prior to Opal – and park in the Pacific street lot – follow orange signs to RCCD section of portables).

Morning Classes

Conflict Resolution (mw)

Friday, September 11: 9 am to noon

Description: This class will explore conflict - what it is, how and why it happens, and then will look at communication and leadership styles that come into play when in conflict with others. Tools and strategies to lessen conflict and to cope with it when it happens will be discussed.

Back To School (dc)

Friday, October 9: 9 am to noon

Description: Children in the foster care system often have multiple moves, which then results in a school move as well. This class will provide caregivers with an understanding of the challenges children face when this happens, and will explore tools to assess appropriate grade level placement, advocate with the school system and assist children in developing coping skills during times of transition.

Happiest Baby on the Block (pd/jk)

Friday, November 6: 10 am to noon (note: 2 hr class)

Description: This class will be based on the book of the same name, by Dr. Harvey Karp, a well-respected pediatrician and child development specialist. Caregivers will learn the tools that will effectively soothe infant crying, and increase sleep (for both baby and caregiver).

Lying, Stealing, Hoarding Food: Why Do They Do That? (pd)

Friday, December 11: 9 am to noon

Description: These issues happen often with children in the foster care system, and caregivers sometimes feel 'stumped' by why they do it and how to handle it. This class will explore the dynamics of each of these behaviors, and will also look at aggression and defiance. Caregivers who have other challenging behaviors in their homes are encouraged to attend.

RIVERSIDE

Fetal Alcohol Spectrum Disorders (dc)

Friday, January 15: 9 am to noon

Description: Fetal Alcohol Spectrum Disorders are a group of injuries to the brain of an infant, as a result of maternal drinking during pregnancy. These injuries lead to learning disabilities, poor judgment, challenging behaviors, etc. This class will look at the signs and symptoms of FAS, early intervention and treatment.

Riverside Community College District

City Campus – 4800 Magnolia Ave., Lovekin Complex – F5

Evening Classes

Cultural Competence (cb)

Tuesday, September 22: 6 pm to 9 pm

Description: This class will explore the impact of one's culture on identity - norms, beliefs, values, language, family structure, customs, etc. Sometimes caregivers and the children in their care, see things very differently. Understanding the diverse populations of our current and future world will help caregivers respond more effectively to children of taking care of ourselves.

Thirteen Going On Thirty (dc)

Tuesday, October 20: 6 pm to 9 pm

Description: Early adolescence can be a challenging time for many children. Those who come into the foster care system have often been prematurely exposed to sex and violence – via the media and/or as a result of sexual or domestic abuse. They may be especially susceptible to self-injurious behaviors (cutting, drug abuse, eating disorders) or to acting out (aggression, defiance). This class will discuss these issues, and more, and will offer caregivers tools for understanding and helping the youth in their care.

Importance of Male Role Models (vs)

Tuesday, November 17: 6 pm to 9 pm

Description: Research supports the idea that children with one or more positive male influences in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives.

RIVERSIDE

Caregiver Rights and Responsibilities (ts)

Tuesday, December 15: 6 pm to 9 pm

Description: This class will provide an overview of the 'system' for caregivers...what are caregivers' rights and responsibilities with regard to foster care compared to legal guardianship, or adoption? What are caregivers' rights and responsibilities when a child goes to court, or regarding the child's birth parents? These issues and more will be discussed.

Conflict Resolution (mw)

Tuesday, January 26: 6 pm to 9 pm

Description: This class will explore conflict - what it is, how and why it happens, and then will look at communication and leadership styles that come into play when in conflict with others. Tools and strategies to lessen conflict and to cope with it when it happens will be discussed.



TEMECULA /MURRIETA

Avaxat Elementary School – Parent Center

24300 Las Brisas Rd, Murrieta

(Los Alamos Rd, Right on Hancock, Right on Las Brisas – Parent Center in bldgs at West of campus – Rm #3)

Weekday Morning Classes

Importance of Male Role Models (vs)

Wednesday, September 2: 9 am to noon

Description: Research supports the idea that children with one or more positive male influence in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives.

Lying, Stealing, Hoarding Food: Why Do They Do That? (pd)

Wednesday, October 7: 9 am to noon

Description: These issues happen often with children in the foster care system, and caregivers sometimes feel 'stumped' by why they do it and how to handle it. This class will explore the dynamics of each of these behaviors, and will also look at aggression and defiance. Caregivers who have other challenging behaviors in their homes are encouraged to attend.

Development and Discipline: The First Five Years (kk)

Wednesday, November 4: 9 am to noon

Description: This class will explore the physical, social, emotional, and cognitive needs of children from infancy through the fifth year. The specific challenges faced by children who have experienced chronic trauma will be included. Often, traditional discipline methods - time out, etc are not effective. This class will look at 'relationship-based' tools.

Marriage, Family Relationships and Fostering (ts)

Wednesday, December 2: 9 am to noon

Description: Being a caregiver for children in the foster care system can have dramatic and sometimes unforeseen impact – both positive and negative – on marriage and on other family members. Extended family, as well as nuclear family, are affected. This class will explore these dynamics and provide caregivers with tools to manage these changes, within their family

TEMECULA /MURRIETA

Foster Parenting and Grief (vs)

Wednesday, January 6: 9 am to noon

Description: Opening one's home to children, whether short or long term, can often result in caregivers and other family members experiencing significant grief when the children are removed. This class will explore the grieving process, and offer tools that will help caregivers and their families understand and cope with these feelings.

The Springs Community Church

41735 Winchester Rd., Suite C, Temecula, 92590

Saturday Morning Classes

Cultural Competence (cb)

Saturday, September 12: 9 am to noon

Description: This class will explore the impact of one's culture on identity - norms, beliefs, values, language, family structure, customs, etc. Sometimes caregivers and the children in their care, see things very differently. Understanding the diverse populations of our current and future world will help caregivers respond more effectively to children of taking care of ourselves.

Fetal Alcohol Spectrum Disorders (cb)

Saturday, October 17: 9 am to noon

Description: Fetal Alcohol Spectrum are a group of injuries to the brain of an infant, as a result of maternal drinking during pregnancy. These injuries lead to learning disabilities, poor judgment, challenging behaviors, etc. This class will look at the signs and symptoms of FAS, early intervention and treatment.

Conflict Resolution (mw)

Saturday, November 14: 9 am to noon

Description: This class will explore conflict - what it is, how and why it happens, and then will look at communication and leadership styles that come into play when in conflict with others. Tools and strategies to lessen conflict and to cope with it when it happens will be discussed.

TEMECULA /MURRIETA

Importance of Male Role Models (vs)

Saturday, January 16: 9 am to noon

Description: Research supports the idea that children with one or more positive male influence in their lives tend to do better as they get older. This class will explore the unique influence that men have on children's development, and its importance in their lives

Evening Classes

Caregiver Rights and Responsibilities (kk)

Tuesday, September 29: 6 pm to 9 pm

Description: This class will provide an overview of the 'system' for caregivers..what are caregivers' rights and responsibilities with regard to foster care compared to legal guardianship, or adoption? What are caregivers' rights and responsibilities when a child goes to court, or regarding the child's birth parents? These issues and more will be discussed.

Thirteen Going On Thirty (kk)

Tuesday, October 27: 6 pm to 9 pm

Description: Early adolescence can be a challenging time for many children. Those who come into the foster care system have often been prematurely exposed to sex and violence - via the media and/or as a result of sexual or domestic abuse. They may be especially susceptible to self-injurious behaviors (cutting, drug abuse, eating disorders) or to acting out (aggression, defiance). This class will discuss these issues, and more, and will offer caregivers tools for understanding and helping the youth in their care.

Cultural Competence (cb)

Tuesday, January 19: 6 pm to 9 pm

Description: This class will explore the impact of one's culture on identity - norms, beliefs, values, language, family structure, customs, etc. Sometimes caregivers and the children in their care, see things very differently. Understanding the diverse populations of our current and future world will help caregivers respond more effectively to children of taking care of ourselves.

HAPPY FACES FOSTER FAMILY AGENCY

50 First Ave, Banning, 92220

Clase De La Mañana

Crianza Adoptiva y Sufrimiento (jv)

Jueves, 10 de Septiembre: 9 am – 12

Descripción: Al abrir su casa a niños y niñas, sea por corto o largo plazo, frecuentemente puede resultar en que guardianes y miembros familiares sientan sufrimiento cuando los niños y niñas son removidos. Esta clase explorara el proceso de sufrimiento, tambien ofrecera herramientas que ayudaran a guardianes y sus familias entender y hacer frente a estos sentimientos.

Regreso a la Escuela (jv)

Jueves, 1 de Octubre: 9 am – 12

Descripción: Los niños en el sistema de hogares de guarda a menudo tienen múltiples movimientos, que a su vez requiere de una escuela a veces los más bien. Esta clase proporcionara cuidadores con una comprensión de las dificultades que enfrentan los niños cuando esto ocurre, y explore herramientas que ayuden a evaluar el grado de colocación adecuada, un abogado con el sistema escolar y ayudar a los niños a desarrollar habilidades en tiempos de transición.

La Importancia de las Figuras Masculinas (jv)

Jueves, 5 de Noviembre: 9 am - 12

Descripción: Los estudios mantienen que la influencia de una ó más figuras masculinas positivas en la vida de los niños ayuda a que logren ser mejores personas cuando llegue a grandes. Esta clase explorará las influencias únicas que el hombre desempeña en el desarrollo de los niños, y la importancia en sus vidas

El Matrimonio, Relaciones Familiares y Fomentar La Criaza De Los Hijos (ts)

Jueves, 3 de Diciembre: 9 am – 12

Descripción: Ser un proveedor de cuidados para los niños en el sistema de hogares de guarda pueda tener consecuencias dramáticas y, a veces, efectos imprevistos, tanto positivos como negativos sobre el matrimonio y otros miembros de la familia. Familiar extensa, así como familia nuclear se ven afectados. Esta clase explorara estas dinámicas con los cuidadores y proporcionar herramientas para la gestión de estos cambios dentro de su familia.

ESPAÑOL/BANNING

Competencia Cultural (jv)

Jueves, 14 de Enero: 9 am – 12

Descripción: Esta clase explorara el impacto de la cultura de la identidad, normas, creencias, valores, idioma, estructura familiar, costumbres, etc. A veces, los cuidadores y lo niños a su cuidado de ver las cosas muy diferente. La comprensión de las diversas poblaciones de nuestro mundo actual y futuro ayudara a responder de manera mas eficaz los cuidadores a los niños.

Clase De La Tarde

Resolucion de Conflicto (lm)

Miércoles, 2 de Septiembre: 6 pm - 9 pm

Descripción: La clase explorará el conflicto- qué es, cómo y porque sucede, y luego se observaran los estilos de comunicación y liderazgo los cuales juegan parte cuando nos encontramos en conflicto con otros. Las herramientas y estrategias para reducir el conflicto y cómo sobrellevarlo cuando ocurre serán discutidas

Derechos y Responsabilidades del Cuidador (ts)

Miércoles, 7 de Octubre: 6 pm – 9 pm

Descripción: Esta clase proporcionara una vision global del sistema para los cuidadores. ¿Cuales son los derechos y repsonsabilidades respecto de la colocacion en hogares de guarda en comparacion con la custodia legal o la adopcion? ¿Cuales son los derechos y responsabilidades de los cuidadores cuando el niño va a la core, o en relacion con el nacimiento del niño los padres? Estos temas y mas se debatira.

De Trece Llegadole a los Treinta (lm)

Miércoles, 9 de Diciembre: 6 pm - 9 pm

Descripción: El inicios de la adolescencia puede presentar un periodo retante a muchos menores. Todos aquellos en el sistema de "foster care" han sido prematuramente expuestos al sexo y a la violencia-via los medios de comunicación y/o como resultado del abuso sexual o violencia domestica. Ellos son mas propensos a comportamientos que ocasionan daños a si mismos (se cortan, abusan de las drogas, y tienen desordenes de alimentación) ó mal comportamiento (rabia, agression, desafio). Esta clase discutira estos asuntos y más, y ofrecera a los cuidadores de niños las herramientas para mejor comprender y ayudar al adolescente bajo su cuidado

ESPAÑOL/BANNING

Desordenes del Espectro Fetal de Alcoholismo (Im)

Miércoles, 27 de Enero 27: 6 pm - 9 pm

Descripción: Los desordenes del Espectro Fetal de Alcoholismo son un grupo de daños al cerebro del infante, el resultado por la madre que consumo bebidas alcoholicas durante su embarazo. Estos daños llevan al infante a una incapacidad de aprendizaje, juicio bajo, comportamientos retantes, etc. Esta clase mirará las señales y síntomas del DEFA, sus intervenciones iniciales y tratamiento.

ESPAÑOL/NORCO

NORCO PUBLIC LIBRARY

3954 Old Hamner Road, Norco 92860

La Importancia de las Figuras Masculinas (jv)

Jueves, 17 de Septiembre: 10 am - 1 pm

Descripción: Los estudios mantienen que la influencia de una ó más figures masculinas positivas en la vida de los niños ayuda a que logren ser mejores personas cuando llegue a grandes. Esta clase explorará las influencias únicas que el hombre desempeña en el desarrollo de los niños, y la importancia en sus vidas

Regreso a la Escuela (jv)

Jueves, 12 de Noviembre: 10 am - 1 pm

Descripción: Los niños en el sistema de hogares de guarda a menudo tienen múltiples movimientos, que a su vez requiere de una escuela a veces los más bien. Esta clase proporcionará cuidadores con una comprensión de las dificultades que enfrentan los niños cuando esto ocurre, y explore herramientas que ayuden a evaluar el grado de colocación adecuada, un abogado con el sistema escolar y ayudar a los niños a desarrollar habilidades en tiempos de transición

Crianza Adoptiva y Sufrimiento (jv)

Jueves, 7 de Enero: 10 am - 1 pm

Descripción: Al abrir su casa a niños y niñas, sea por corto o largo plazo, frecuentemente puede resultar en que guardianes y miembros familiares sientan sufrimiento cuando los niños y niñas son removidos. Esta clase explorará el proceso de sufrimiento, también ofrecerá herramientas que ayudarán a guardianes y sus familias entender y hacer frente a estos sentimientos.

CALIFORNIA FAMILY LIFE CENTER
701 W. Esplanade, San Jacinto, 92582

El Matrimonio, Relaciones Familiares y Fomentar La Criaza De Los Hijos (ts)

Miércoles, 21 de Octubre: 6 pm – 9 pm

Descripción: Ser un proveedor de cuidados para los niños en el sistema de hogares de guarda pueda tener consecuencias dramáticas y, a veces, efectos imprevistos, tanto positivos como negativos sobre el matrimonio y otros miembros de la familia. Familiar extensa, así como familia nuclear se ven afectados. Esta clase explorará estas dinámicas con los cuidadores y proporcionar herramientas para la gestión de estos cambios dentro de su familia.

La Importancia de las Figuras Masculinas (jv)

Miércoles, 16 de Diciembre: 6 pm – 9 pm

Descripción: Los estudios mantienen que la influencia de una o más figuras masculinas positivas en la vida de los niños ayuda a que logren ser mejores personas cuando lleguen a grandes. Esta clase explorará las influencias únicas que el hombre desempeña en el desarrollo de los niños, y la importancia en sus vidas

Derechos y Responsabilidades del Cuidador (ts)

Miércoles: 20 de Enero: 6 pm – 9 pm

Descripción: Esta clase proporcionará una visión global del sistema para los cuidadores. ¿Cuáles son los derechos y responsabilidades respecto de la colocación en hogares de guarda en comparación con la custodia legal o la adopción? ¿Cuáles son los derechos y responsabilidades de los cuidadores cuando el niño va a la corte, o en relación con el nacimiento del niño los padres? Estos temas y más se debatirán.



ESPAÑOL/MORENO VALLEY

Department of Social Services Training Center 22690 Cactus Ave, Moreno Valley, 92553

Crianza Adoptiva y Sufrimiento (jv)

Lunes, 21 de Septiembre: 6 pm – 9 pm

Descripción: Al abrir su casa a niños y niñas, sea por corto o largo plazo, frecuentemente puede resultar en que guardianes y miembros familiares sientan sufrimiento cuando los niños y niñas son removidos. Esta clase explorara el proceso de sufrimiento, tambien ofrecera herramientas que ayudaran a guardianes y sus familias entender y hacer frente a estos sentimientos.

La Importancia de las Figuras Masculinos (jv)

Lunes, 23 de Noviembre: 6 pm – 9 pm

Descripción: Los estudios mantienen que la influencia de una ó más figures masculinas positivas en la vida de los niños ayuda a que logren ser mejores personas cuando llegue a grandes. Esta clase explorará las influencias únicas que el hombre desempeña en el desarrollo de los niños, y la importancia en sus vidas

El Martrimonio, Relaciones Familiares y Fomentar La Criaza De Los Hijos (ts)

Lunes, 25 de Enero: 6 pm – 9 pm

Descripción: Ser un proveedor de cuidados para los niños en el sistem de hogares de guarda pueda tener consecuencias dramaticas y, a veces, efectos imprevistos, tanto positivos como negativos sobre el matirmonio y otros miembros de la familia. Familiar extensa, asi como familia nuclear se ven afectados. Esta clase explorara estas dinamicas con los cuidadores y proporcionar herramientas para la gestion de estos cambios dentro de su familia.

