

Healthy Lifestyles Scholarship

\$5,000

May 30th, 2012 DEADLINE

The Healthy Lifestyles Scholarship was established July 2008 in memory of Joan Whitworthe. Joan was involved in working with individuals as an occupational therapist. She is recognized for her devotion in promoting a healthy lifestyle. Thanks to family and friends, in her memory, a scholarship of \$5,000 has been created. The scholarship is awarded annually to a student (male or female).

Eligibility:

- As of May 30th, 2012, be under 25 years of age.
- Be currently a senior in high school or in your first year of college/university
- Be a resident of the United States or Canada
- Answer the following essay questions:
 - 1) In under 1,000 words: *"Why is a healthy lifestyle important in school?"*
 - 2) In under 500 words: *Describe your career plans, goals, and personal ambitions.*

Submission Process:

There is no Formal Scholarship Application. To apply for the Healthy Lifestyles Scholarship, please write your scholarship essay in Microsoft Word or, if you do not have Microsoft word, in Google office, the latter is free to use on the Internet.

Once written, please submit as an attachment to:

studentaward@fitnessexercise.tv

If you have any questions or concerns, please forward them to Linda Wells at linda.wells@fitnessexercises.tv.