

SNO Flurry

Student Nurses' Organization



Riverside Community College Student Nurses' Organization Newsletter

September '05

Message from the Dean

Welcome to all our new and returning VN and ADN students! It's hard to believe summer is over and fall is upon us. This year promises to be a very exciting one for RCC Nursing Education!

We are continuing to plan our new School of Nursing on this campus, which will triple our existing square footage and have a Skills Lab that is almost as large as all our current square footage. We are planning on a possible ADN program extension at the March Education Center in Moreno Valley pending grant funding. Our computer lab has moved to the new MLK-TLC –isn't it fabulous? Our first Human Patient Simulator has arrived and we are preparing to have faculty trained to use it. (I think I personally will pass—I think e-mail is hard!) Dr. Anita Kinser has returned as our NERS and I don't think we have given her a moments rest! Our flexible LVN to ADN program now has two semesters enrolled and is doing well.

Lastly, after more than a year of preparation, the National League for Nursing Accrediting Commission (NLNAC) is coming to re-accredit our ADN program November 1-3rd! This is a wonderful time to allow our program to shine, by showing our three visitors from across the country why we think RCC is the best. The visitors will be reviewing our curriculum in depth, assessing our resources, visiting our clinical sites, and interviewing students, faculty, administrators and hospital personnel, amongst many other things. They may offer suggestions to us on how we can become even better. As the visit approaches, we will be letting you all know exactly when you may see the visitors at school or in the hospital. You may wonder why NLNAC accreditation is important to you as well as our program. NLNAC accreditation recognizes programs that meet or exceed standards and criteria for educational quality. Its achievement denotes a higher level of quality than just the state accreditation process. For you, this means easy articulation to BSN and MSN programs in the future. So, accreditation is important to both students and faculty

Study hard and please see me if you are having problems that are not being addressed, or even, just to say "Hi!"

Sandy Baker, RN, MSN
Dean

Message from the ADN Chair

Welcome back to Fall 2005! You are now well into your new semester and hopefully are getting yourselves readjusted to being back. You have a new start, a clean slate, and an opportunity to do great! We're here to help you, please seek us out. There

is a lot going on this semester. We are preparing for our NLN visit (our report is finally completed and has been sent off) and now we are completing the final details for the required exhibits. All of you will have an opportunity to meet with the visitors and we hope that you will be able to share your experiences in the program. This is our time to shine. Accreditation is most important for you the students because many of the 4-yr. programs want students who have graduated from NLN accredited programs. If you have concerns please be constructive when presenting them. The faculty is always seeking ways to improve our program and make it the best for you.

In addition to accreditation, we are now beginning to plan for our Human Patient Simulation Lab, which eventually will be established in LS 206. Dr. Anita Kinser, NERS, will be helping to get this lab established. We are hoping to get this lab functional by Spring 2006. We feel that this will really enhance your learning experiences. Each semester level is planning how these simulators will be incorporated into their semester level curriculum.

We have two faculty who have advanced to candidacy for their Doctorates; Mrs. Lisa Howard-York and Mrs. Patricia Tutor. They will be conducting research for their dissertations this semester and will be asking for student participation. Both of their studies focus on helping nursing students to be successful and the findings will be very helpful to our department. You will have an opportunity to help them in this endeavor and your participation would be greatly appreciated. They will provide more information as they prepare for their data collection.

I would also like to thank all of you who took the time to participate in completing the multicultural survey tool that was distributed. One of our department goals is to increase our student diversity. We are interested in trying to determine barriers that may affect students of diversity getting in and completing our program. Your feedback will be helpful to us in planning strategies to achieve this goal.

On behalf of the nursing faculty I would like to encourage each of you to do your best. As you know, or are discovering, nursing is a demanding course of study. It does require commitment and discipline. Your faculty is here to help facilitate your learning but we can't learn for you. You need to put in the time to study. In the long run it will pay off. Good luck to all of you. We want to see you all progress to your next semester and for the N 4 students to get out there and start working. We need you all desperately!

Sincerely,
Angie Fawson, RN, MSN
ADN, Department Chair

GREETINGS FROM THE VN PROGRAM, Fall 2005

The VN Program faculty hopes that the semester is progressing well, both personally and professionally, for each of our VN and ADN students. We are very proud of our students, as we know nursing students are among the strongest on campus. It is our belief that our students are works of art in progress and it is our reward to see the labors of both faculty and students bear fruit (i.e., a license to practice nursing, enhanced self-confidence, increased pride). Every day brings new opportunities for growth.

Here are some thoughts about the political process and how important it is to our practice. The Board of Vocational Nursing and Psychiatric Technicians (BVNPT) is

currently struggling with entities outside vocational nursing practice that are attempting to define LVN practice. Registered nursing is protected from such intrusion by a provision in the Business and Professions Code of California. This is found in:

Article 2. Scope of Regulation, 2725. Legislative intent; Practice of nursing defined

(e) No state agency other than the board may define or interpret the practice of nursing for those licensed pursuant to the provisions of this chapter, or develop standardized procedures or protocols pursuant to this chapter, unless so authorized by this chapter, or specifically required under state or federal statute. "State agency" includes every state office, officer, department, division, bureau, board, authority, and commission.

The BVNPT will be pursuing legislation to add such a statement to their Nursing Practice Act. Who better to establish the scope of practice for vocational nursing than the experts on the board? This change will require collaboration and trust among the interested parties. We hope when each of you is practicing, you will display the utmost respect for all members of the nursing team, valuing their contributions to quality client nursing care.

Aren't you happy that the **HOT** days of summer are gradually receding into a distant memory? Enjoy the refreshing, crisp fall air by getting out for a nice walk to commune with nature. You deserve the reward.

Many GOOD wishes from the VN Faculty Team!

Sincerely,
Phyllis L. Rowe, RN, MSN, NP
Assistant Chair, VN Program

VN Class President

Welcome back to the students who were part time last year and a GREAT welcome to the new full and part time students. Congratulations on being part of the Licensed Vocational Nursing program at RCC. All of us have worked hard to reach our goal of being part of the program. We should be proud of our accomplishments. For some students, this is the first step as we plan to continue our education to become Registered Nurses.

The LVN class officers have been elected. We have a great group who are excited about making this year the BEST. If you are a part time student, get involved and join in our fundraising, projects and SNO activities.

Can you believe that we are just about ¼ of the way toward completion of this semester? With all of the studying that is required, it is no wonder time has flown by. Keep up with the studying and make sure you stop to see the beautiful leaves turn colors.

Congratulations to the LVN students who graduated in summer and entered the Registered Nursing program this fall!

The future belongs to those who believe in the beauty of their dreams. -Eleanor Roosevelt

Have a great semester!
Sylvia J. Tolang-Cruz
VN Class President

Nursing 1 **Class of 2007**

Congratulations nursing students on making it to our sixth week of Nursing 1! For those of you who feel my pain it's been a constant struggle in a whirlpool of thoughts like, "Oh no! I was supposed to pick up my contact lenses three days ago, but I've been so worried about pathophysiology and concept maps that they might not get picked up at all this semester." For those of you that are enrolled in the Nursing Program, I'm sure you have caught yourself in a mess where you have been studying one subject for hours, only to remember that you have two more CAI's to complete, and what seems like a another sea of terms and concepts to learn inside and out. I know this seems treacherous, but it is taken in with pride when you think, we are in the program! As one person turns to another, I see a rapport in the classroom that builds each day, and creates an environment that is to be sought after. Also, we cannot help but be amazed by our vivacious faculty, who evoke knowledge, teamwork and caring, that keeps us calm at school, and frenzied at home. Moreover, I would like to send gratitude to our BIG BROTHERS AND SISTERS! Thank you so much for the welcome potluck, and thank you for all of your pointers for making it through the semester. You all are truly a blessing! With that said, come on class of '07 keep up the studious dedication that got us here and let's get dirty!!! Uh, I mean keep it aseptic, hee, hee.

Elisabeth Moore
Nursing 1 President

Nursing 2

So apparently, one semester wasn't good enough and someone decided that in order for us to be competent nurses, we have to do this whole studying thing 3 MORE TIMES! Yes, if you haven't figured it out by now, we are back in the "school mode" at the place that we spend more time than at home, the RCC Nursing Program.

We in Nursing 2 have just survived our first exam and are still trying to figure out what happened to all that sleep and fun we were having just a few weeks ago. Now, our friends and loved ones are once again having to come to terms with the fact that the hierarchy of life is now – 1. breathing, (can't forget those ABC's!!) 2. care planning, 3. studying, 4. talking about care planning and studying, 5. everything else. Your friends and family may forget whom that lump in a white uniform sitting at that desk in the corner is, and you may forget what it means to "relax," but look at the bright side... ummm.. hmmm... gosh... well, you sure look spiffy in white, now don't ya?

To catch you all up to date, we had a great orientation for the Nursing 1's and it was so exciting to see all the eager newbies with that glow in their eyes. Oh, if they only knew... Also, we had a great Welcome Tea hosted by SNO. Thank you so much to all my cohorts for participating and to SNO and the faculty for taking time out to welcome the new 1's.

We are excitedly finishing up our first clinical rotations, and since most of us haven't killed anybody yet, they are apparently going to let us go to another hospital and try not to do it again.

the nurse!! Four full care patients and we have become the managers and providers of care...with knowledge and compassion...commitment and understanding...we can ADPIE our little hearts out!! Team Leading and Geriatric Assessments all around, and soon to be understanding of EVERY tube & wire that surrounds our ICU patients...again you have all been an incredible group to learn from...thank you...

Thank you as always to my classmates...my brothers and sisters...STILL ready with a shoulder, a hug, a smile, and just someone that understands when NOBODY else does...coming up quickly on Halloween and the 2nd annual poker and karaoke party at Germaine's...WOO HOO!! I think we all need it!!

Keep your heads up and your IVP's slow...we are almost there!!

Hang Loose...

Love & Lewis, Heitkemper & Dirksen...

Jacquie Bass.... Nursing 4 Prez ♥

SNO President

Welcome everyone! Fall has arrived and so have new LVN, NSG-1, Advance placement and Flex students. I hope you all feel welcome and have started to settle into your own "nitch". Also, a hearty welcome back to all continuing students!

SNO has already been active with the summer blood drive, NSG-1 Orientation, Welcome Tea and Back to School event... with a meeting thrown in, for good measure.

The SNO calendar is already "eviscerating" with lots of activities scheduled for this semester. Please feel free to attend any or all events. Everyone is invited to participate.

Several students attended the CNSA Conference in Monterey, at the end of September, representing RCC. It was a lot of fun with wonderful breakout sessions to enhance NCLEX performance/success, and transitioning from student to RN, plus several others. If you haven't been to a conference, please consider attending one while you are in nursing school. It is a great opportunity to increase your knowledge base and contacts (i.e. future employers). There are a couple of qualifications to attend a conference...you must attend four SNO meetings and be in good academic and clinical standing. I highly recommend it! The next conference is the NSNA 23rd Mid-Year Conference in Louisville, KY. November 10-13, 2005.

Our annual candy drive which helps support the Halloween Town event, sponsored by RCC, began October 1st. Remember to donate candy in bulk and label with your semester level or class. The class that donates the MOST pieces of candy wins \$50 toward your pinning ceremony, plus the highly prized title of WINNER!!!!!! SNO will take the candy and distribute it to all the "Trick-or-Treaters" at our decorated door at Halloween Town. If you are interested in participating in Halloween Town please come to the next SNO meeting on October 17th in the Heritage Room @ 8:00 am.

Another event, October 3rd, and held each semester is the Dean/Director's Council. This is an opportunity to have representatives from each class visit, in an informal setting, with the Dean of the Nursing program, Sandy Baker. This is the perfect setting to bring suggestions and compliments to her attention.

The following week, October 10th, will be the Joint Student/Faculty/Clinical Agency Advisory Meeting from 8:15-10:00 a.m. Please make sure each class president attends.

It's great to hear what is going on in each facility! We are grateful for our "hands –on experiences" made available through these agencies.

Nursing school is difficult on its own, but the wonderful classmates and friendships you develop will make the challenge much easier. Lift each other up and extend a hand of friendship to all nursing students whether VN, NSG 1, 2, 3 or 4. We all need the support and encouragement! And don't forget to give your family a smile and a squeeze occasionally!

Study hard!
Kathy Rex
SNO President

VN SNO Vice President

Congratulations and welcome to all the new and returning LVN students! We have a wonderfully new and exciting road ahead of us, but I know we are all prepared and ready to face the challenge. We have a wonderful mix of people in our program. We have "New" moms, "Old" moms, dads and everything else in between. It would appear that from the number of people we had involved in our class elections we are in for a very supportive and fun journey!

I am here to help anyone in any way I can. If you all have any questions, I will do my best (And I know the rest of the class officers feel the same) to get some answers.

Remember to take what little time we have available to ourselves and enjoy our family and other support members (We are definitely going to need them later on down the line!).

I feel privileged to be the VN Vice President of SNO so let me know if I can assist anyone at anytime!

Diane Odgers
VN Vice President of SNO

Messages from Our Advisors

Welcome Back and Welcome to the returning and new students. SNO is off to a busy start for fall. The Nursing I Orientation, Welcome Tea, and Back to School were a great success. At the Blood Drive last week we had scheduled 165 donors to donate that priceless commodity. There were 113 units collected of which 45 were from first time donors and 22 other donors were deferred. The next Blood Drive is January 25, 2006. Mark your calendars. We had Rich Mears, our BTN Director and other students participate in the RCC Career Fair at Raincross Square this week. They presented RCC Nursing as an excellent career choice. Coming up this month is Halloween Town at Lovekin, a great safe place to bring your children to Trick or Treat. We will be decorating a door in the theme "TV Cartoon Characters." We've chosen "Spiderman." If you want to help or have some decorating ideas, please let us know. The Halloween candy contest is in full swing with Nursing 1 currently ahead. Is there a challenge from another class? We will soon have our Christmas tree to start decorating for Festival of Trees so if you'd like to help, let us know. It's a fun event and the display of all the decorated trees at Raincross is a great place to take your children on Thanksgiving

weekend to start thinking about the Christmas holidays. Incidentally, the Sweatshirt order will be going in October 18th.

I want to thank all of you who help with these events and make SNO so successful. SNO—Student Nurses' Organization—is your organization.

Wilma La Cava, RNC, MSN
Associate Professor, Nursing
SNO Advisor

CNSA Annual Conference Monterey, California

We attended the CNSA conference in beautiful Monterey, Ca., on Sept. 31- Oct. 2. There were five students representing RCC, along with the support of Mrs. LaCava. The venue was the Marriott hotel, a luxurious place 2 blocks from the beach.

Our first night entailed registration and a motivating presentation by the Keynote speaker, Giang Nguyen, RN, MSN. This was followed by an ice-cream social with a 1970's Disco theme. People enjoyed sundaes and some live karaoke performances from fellow CA nursing students. It was hilarious and a great time was had by all.

On Saturday, we attended the exhibit hall, where over 50 vendors from CA were present, all trying to recruit student nurses for their facilities. We both spoke with many, receiving excellent information about varied hospitals, programs, and benefits. We were able to hand out resumes and practice interviewing skills. We both walked away with many potential job opportunities. After, we attended educational sessions, including a mini-Hurst NCLEX review. It was enjoyable and educational. In the evening, the RCC representatives, along with Mrs. La Cava, went to dine at Fisherman's wharf. The food was excellent and we all had a great time.

On Sunday, we wrapped up the weekend by voting for our CNSA representatives, took a short walk on the beach, and had a massage. We began the weekend as overwhelmed Nursing 4 students, and left energized and motivated, ready to face the challenges the next 10 weeks will bring. We are also excited about having clearer direction of where we want to work and the opportunities available to us. We highly suggest, if you are able, to attend a conference while in the nursing program.

Mindy Layton and Laysha Roberts
Nursing 4

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On the morning of our departure we arrived at Ontario Airport, before Mrs. LaCava, which was quite an accomplishment. Anyone who knows her knows she is never late. She was merely deferred due to several accidents and roadwork... just too many people trying to get too many places too fast. Our plane departed promptly cutting across the brown hazy sky. It was a full flight and I was disappointed our fellow students from Golden West College would not be with us this time. Their school provided a bus with a driver and they were able to drive up. Greg Montes (former CSNA president) and Harrison George (yes Harrison George, current president) are truly good fellas to hang around with.

It was a smooth flight and we landed, our plane cutting across, what's this? A clear blue sky? Ahhhh! Conference. Yes! We took a shuttle from San Jose Airport to Monterey. It was about an hour and a half ride across beautiful rolling hills and stretches of beach that caught our eye. Mrs. La Cava was great company. We shared many experiences we have had as students and triumphs and defeats in the clinical setting. We more than likely scared a few folks. By the time we arrived at our hotel where the conference was held, you could feel the tension had melted away.

The hotel was beautiful. We couldn't help but jump on our beds. Just a little. We registered and made it just in time to hear the opening keynote speaker, Giang Nguyen, RN, MSN, Interim Director Fresno County Department of Behavioral Health and Acting Mental Health Director, talk about setting and meeting your goals, redirecting yourself and realizing when you are "burnt out" and it's time for a change. It was rejuvenating to think of the endless possibilities nursing has to offer. The evening provided us with much entertainment. There was an ice cream social and talent show. The fellas from Fresno State stole the show with their Forest Gump karaoke skit.

The next morning was filled with excitement as we headed into the conference hall and spoke with all the vendors. It is rewarding to see the interest in RCC students. I just mention RCC and they want you to come right over. We have a great reputation and it shows. We work hard and it will pay off. We also filled our conference bags with much-needed black pens, highlighters, calculators and manicure kits. Did I mention the brochures for state of the art hospitals that want us? Business cards of recruiters and breakthrough to nursing ambassadors? We were pumped up.

We had a lovely lunch poolside with Mindy and Laysha, Nursing 4 students, who had lots of encouragement and hang in there advice. It was a breath of fresh air just to be around girls ready to go out and take on their hard earned profession.

The weekend came to a close, sadly, after a nice dinner by the bay with all the RCC students and Mrs. LaCava. The lights flickered on the water peacefully despite our boisterous laughter.

We awoke early to be sure and cast our votes in the House of Delegates for CSNA officers. We do have a voice. The shuttle took us back across the rolling countryside, but this time we slept. The plane left cutting across blue sky with very few passengers and much less volume (we were tired). We landed safely cutting through brown haze and brown countryside. Ugggh, we said our goodbyes. We had care plans to write...

Donnelle Scherer

April Pust

Lisa Wolff

Nursing 3

* * * * *

The Annual CNSA Conference "Raising The Bar. . .Setting the Gold Standard" was held in Monterey, California. What a great place to hold a meeting, just a little difficult to get to from an airport (42 minute flight to San Jose and 1 ½ hour shuttle ride each way). We met old friends and made new ones. I attended the two-hour Faculty Forum where faculty from around the state discussed issues in nursing education, nursing student scholarship needs, and connected with each other. We were on the 10th floor and

the view out over the bay with the waves crashing on the beach did attract my attention a bit. The Keynote Speaker was interesting and reminded us to keep setting new goals for self-motivation and keep our standards high. It was interesting to have her bring history alive with her experiences from childhood in Vietnam where her family were separated. Her father, who had been a Major in the South Vietnamese Army and supported the U.S. before the fall of Saigon, and brothers were sent to prison for eight years for re-education while her mother and sisters were evicted from their home by the North Vietnamese taking nothing, not even food or water, just the clothes on their backs and left to find a way to survive. She shared how she joined the Boat People and traveled to Malaysia as a young girl ultimately arriving much later all alone in Fresno. It makes you wonder if you could do it if you were in a similar situation. She has worked very hard to learn our language, get an education, become a Registered Nurse, and advance herself.

I also was fortunate to be able to visit the Exhibit Hall and meet some of the vendors such as employers, educational institutions, nursing newsmagazines, the military, the Health Professions Education Foundation (who provide nursing scholarships), ANA-C, and the Regional Health Occupations Resource Center (RHORC a state funded initiative of the Chancellor's Office to bridge health care education and industry).

I attended two seminars one on "Alternative Nursing: Healing Touch" where we were able to practice a few techniques which provided a great deal of relaxation. The presenter was a retired Navy nurse who was sent to courses by the Navy while on active duty and ultimately used healing touch at the Balboa Navy Hospital in San Diego. He is now in private practice. There is education available leading up to certification in healing touch should you be interested. It was interesting to hear that NANDA addresses the "flow of energy and disharmony of body, mind and spirit" that healing touch addresses with the nursing diagnosis "Disturbed energy field." The second seminar I attended was "Nursing Ethics: Serial Murder in Hospitals." The presenter was a Forensic Nurse and Attorney who is an authority on serial murders by healthcare workers. She has researched the topic and testified in court cases where nurses have been accused of murder of patients, several you might remember from newspaper accounts. I was astonished by the statistics that there were 2,218 suspicious deaths associated with 78 healthcare personnel and this was thought to be underreported. She stated that these numbers are much higher than the infamous serial killers you might remember having heard about. She is involved in research with results soon to be published in the Journal of Forensic Nursing.

Thank you for the opportunity to attend the conference and participate in your student organizations.

Wilma La Cava, RNC, MSN
SNO Advisor

Class Officers

Nursing 1

President:	Elisabeth Moore	Secretary:	Karen Navarro
Vice President AM:	Jay Walde	Treasurer:	Tesfamariam Tesfa
	PM: Candace Hopkins	SNO Representatives:	
Historian AM:	Jonathan Ferry		Sean Bacca
	Karen Navarro		Cheryl Haynes

PM: Trini Zamora
Felicia Thompson

Lindsay Baca, Alternate
Delana Lloyd, Alternate

Nursing 2

President: Rich Mears
Vice President AM: Sahar Namvar
PM: Brian Bischoff
Historian AM: Molly Bennett-Neuhoff
Vanessa Fortine
Candace McMillan
Katrina Pinedo
PM: Susie Carter
Steve Casarez
Miranda Fugate
Peggy Gillespie
Rachel Gutierrez
Katie Jackson
Natasha Rosales

Secretary: Jacyn Trzepacz
Treasurer: Molly Bennett-Neuhoff
SNO Representatives:
Peggy Gillespie
Aaron Quintyn
Charlotte Turner, Alternate
Candice Walker, Alternate

Nursing 3

President: Crystal McCarthy
Vice President: Jeanette Tolentino
Historian : Misi Komolafe
Crystal McCarthy
Jennifer Goodner
Shiela Padre
Flex President: Lucy Wallund
Flex Historian: Raquel Banta
Joyce Farmer

Secretary: Charity Griffin
Treasurer: Micki Vickroy
SNO Representatives:
Justin Roldan
Cheryl Hilt
Curriculum Representative:
Flex Vice President: Bridgette Traylor
SNO Representative: Lucy Wallund

Nursing 4

President: Jacquie Bass
Vice President: Teddi Horner
Historians: Hillary Smith
Rebecca Kezer-Rowe
Summer Vega
Jennifer Tillinghast
Ophelia Thomas
Advanced Placement Representatives:
Jeannette Baker-Shaw
Allana Bedashi
Amber Kapturkiewicz

Secretary: Kerry Sargenti
Treasurer: Debbie Escobar
Learning Resources Representative:
Curriculum Representative:
Deborah Escobar
SNO Representative:
Monica Valencia

VN

President: Sylvia Cruz
Vice President: Monica Ortiz
Historians: Erica Brooks
Dong Pederson
Russel Blankenship
Maria Hicaro

Secretary: Daphne Holmes
Treasurer: Chris Adams
Learning Resources Rep:
Joyce Oypyibo
Mike Ching
SNO VP: Diane Odgers

Van Chau
Curriculum Reps: Angie Fife
Nenet Santos

SNO Reps: Jennifer Haley
Katrina Culp
Sharie Malubay

**SNO Officers
Fall 2005**

<i>President:</i>	Kathy Rex
<i>ADN Vice President:</i>	Victoria Teets
<i>VN Vice President:</i>	Diane Odgers
<i>Secretary:</i>	Monica Valencia
<i>Treasurer:</i>	D'Ann Park
<i>ICC Representative:</i>	Jacyn Trzepacz Sarah Kasinger
<i>SNO Flurry Editor:</i>	Donnelle Scherer
<i>Allied Health Commissioner:</i>	Patricia Farnham
<i>Scholarship Chair:</i>	Vanessa Fortine
<i>Alumni Association Liaison:</i>	Mindy Layton
<i>Historian:</i>	Lashemia Wilson
<i>Breakthrough to Nursing:</i>	Rich Mears

**SNO Meeting Calendar
Fall 2005**

October 3, Meeting (Dean's Council)
October 10, 8:15 – 10:00 Joint Student/Faculty/Clinical Agency Nursing Advisory
(Hall of Fame)
October 17, Meeting
November 7, Meeting
November 10-13 NSNA 23rd Mid-Year Conference, Louisville, KY
November 21, Meeting (Nominations)
December 5, Meeting (Elections)

HAPPY HALLOWEEN