

SNO Flurry

Student Nurses' Organization

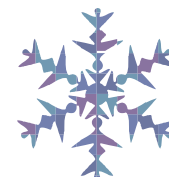


Riverside Community College Student Nurses' Organization Newsletter

November 2007

Message from the Dean/Director

Wow! The fall is flying! The BIG news this fall is that the ADN faculty have completed their Self-Study to the Board of Registered Nursing, who are coming to visit our program on Dec. 11th and 12th. The Board will interview students, faculty, and college administrators. It's an exciting time for us, a time to "show off" to the Board about how great our program really is! The best news is that assuming we get full approval, we won't have to write another Self-Study for 8 years!



Other than the self-study, the next biggest news this semester has been the institution of the TEAS test (Test for Essential Academic Skills) as a requirement for the ADN program. This test, which is already implemented state-wide in community colleges, will require incoming students to demonstrate high school level proficiency in English, reading, math and science. It has been demonstrated to help programs select students with the highest likelihood for success in nursing schools, and will be effective with the spring 2008 class.

Please use your resources here—your SOS Dr. Trish Tutor, and, of course, your wonderful faculty. The latest NCLEX pass rates for the last RN class—93% and our VN grads remain strong at 94%. Our graduates truly are the best!

Have a thankful Thanksgiving. You are each a blessing to me!

Sandra Baker, DNP, RN, CNE
Dean, RCCD School of Nursing

Message from the Associate Dean/MEC

Greetings from the March Education Center!

The semester is half over, can you believe it? It will be Christmas soon and another semester will be just around the corner. I am sure that your clinicals are packed with lots of learning and that your clients really appreciate your dedication and hard work.

While you are all working on those care plans and studying for exams, take some time to enjoy the journey along the way. Even though nursing school seems like a burden that won't end, it will be over soon. Use this time to maximize each and every moment to absorb and integrate all of these learning experiences.

The faculty and staff all know that each one of you is committed and dedicated to your goals and that you will be successful. Stay positive and surround yourself with people who are supportive and respectful of your goals. Stay focused! You can do it! Have a safe and restful Thanksgiving holiday!

Lisa Howard, Ed.D, RN, CNE
Associate Dean, March Education Center

Message from the ADN Chair

Greetings to all of you! I know you are all working very hard and it is amazing to believe we are already past midterm. Christmas will be here before you know it, but in the meantime, you have to keep working hard and keep things organized. I know that becomes more difficult with holidays coming up, as there is always an extra flurry of activity, shopping, decorating, and preparing special meals this time of year. Remember to stay focused. Keep a monthly calendar and engage your family in the day-to-day and special tasks that need to be taken care of. The short-term investment of maybe not doing everything you really want to will reap life-long benefits for you and your family.

For those of you who may be struggling academically at midterm, be sure to meet with your semester level faculty as soon as possible to develop a plan for remediation. I hate the words “academic probation” almost as much as you do, because it sounds punitive to many. Please don’t think of it that way. It is simply a process we use to assist you in assessing your needs and developing a plan to help you be successful. Remember, our Student Outcomes Specialist, Dr. Tutor, is available for individual and group assistance. If you haven’t taken advantage of that resource, you are missing out on valuable tools. Also, remember that online assessment tool you completed in first semester. For some it was called “Prepare to Succeed” and for those who took it more recently, it is named “Starting Right in Nursing School.” It may have just seemed like another assignment at the time, but it truly was a self-assessment of your strengths and weaknesses in your study habits, time management, test taking strategies, etc. Now is the time to pull out that report and review the suggestions the program gave you based on your answers. You may find some tools there that you thought you didn’t need at the time. Now might be the time to try them.

Good luck to you all as you continue through the semester, and Happy Thanksgiving!

Anita G. Kinser, Ed.D, RN-BC
ADN Assistant Department Chair

GREETINGS FROM THE VN PROGRAM

With the semester more than half completed, thoughts turn to the accomplishments, knowledge acquisition, and skill development that have taken place since week #1. VN students who started the program this semester are learning an entirely new language, words of which are creeping into everyday conversations. Have you been regaling your family with talk about HAND HYGIENE, immuno-compromised individuals, nutritional deficiencies, body defense mechanisms, and parenteral meds? Speaking of meds, VN students enrolled in the Fundamentals of Nursing course have started the unit on administration of medication. This is an exciting time when our students start to feel like “real” nurses.

You students have chosen to pursue a career that will not only provide sustenance in the form of food and shelter, but also sustenance for your heart and soul. Ask many of our graduates and they will tell you, as one enthused to me recently, “I LOVE my nursing career!” Others will relate that they are filled to the brim with joy knowing that they have helped another human being to feel more comfortable or to live a healthier life. The

options for your nursing career are limitless. A grad of both the VN and ADN Programs is thrilled after eight years in various positions to have recently been appointed to her “dream” job as a staff developer at a local clinic. We know our grads are absolutely the BEST and that you maintain practice standards to preserve your clients’ dignity and safety. **You’re an “RCC Nurse!”**

This is the time to calculate your course average and take immediate corrective measures if the grade needs improvement. Use the resources available to you within the School of Nursing (instructors; SOS; and Skills, Sim and MLK Learning Labs) and the college (tutorial, library). Remember, your education is one of your most precious assets.

Sincerely,
Phyllis L. Rowe, DNP, RN, NP
Associate Professor, Nursing
VN Program Assistant Chair

Message from the Student Outcome Specialist

Hello RCC nursing students. As the Student Outcomes Specialist (SOS), I want to congratulate you for persevering – you are at the midterm now. Take a moment to reflect on your progress, how much you have grown since the beginning of the semester. There is some work to do yet. If you are not at a point where you would like to be, please come and see me for some assistance in getting you on track. I have met many, many wonderful students in my office – one-on-one. Your effort to learn this coursework inspires me. Ask yourself why is it important for the nurse (that’s you) to know this? Develop your understanding from a nursing perspective. Work with this material every day. Schedule coursework on your calendar and honor that schedule faithfully. Tell yourself to:

Get started Persist Invest sufficient effort

HRSA grant 2007 – 2010 update:

Many of you have participated in the Healthy People 2010 survey. This instrument was developed by the Federal Government to help us identify areas of concern with respect to the physical and mental well being of our nursing student population. Cultural competency is another component of the grant. We have invested significant efforts to increase enrollment of underserved populations from our community. The first cohort of Nursing 1, LVN and Advanced Placement students has been selected as participants in this grant. Your progress throughout the program will be tracked. Our goal is to graduate an additional approximately 130 student representatives of underserved populations in Riverside County throughout the grant period.

Nursing career ladder advancement is another big part of the HRSA grant. We have increased numbers of CNA to LVN, CNA to ADN, LVN to ADN, and ADN to BSN. Did you know you could receive all of this specialized education on the RCC campuses? The CNA program is on the Moreno Valley Campus. City campus has the awesome VN and ADN programs, and California State University, Fullerton teleconferences their BSN program to us here on the City campus.

Cultural Competency Corner:

A Cultural Competency survey was distributed to all Nursing 1 and VN students. You will assess your cultural competency again prior to graduating from your nursing program. Please take time to reflect on your theory and clinical experiences as you learn

about the diverse patient population with whom you interact. Ask your classmates about their traditions and practices that make them so unique. Share your family traditions, and write a sentence or two for publishing in the next SNO Flurry.

Patricia Tutor, RN, Ed.D.
Student Outcomes Specialist
patricia.tutor@rcc.edu

“We have become not a melting pot but a beautiful mosaic. Different people, different beliefs, different yearnings, different hopes, different dreams”. Jimmy Carter

VN Class

In less than two weeks most of us will be eating turkey, dressing, cranberry sauce, pumpkin pie and adding 1-2 inches to our waistline. We definitely need the extra days off, not the extra pounds, and not necessarily to catch up on sleep, as we will still have dark circles under our eyes, but to catch up on studying, care plans and test preparation and reacquaint ourselves with loved ones.

Is there ever a time when a student can get ahead in the nursing program? Learning time management, in addition to a new foreign language, dimensional analysis, patient care, and care plans leaves us a little time for eating and not much time for sleeping. A few words of wisdom on time management from “The Treasury of Quotes” by Jim Rohn.

“We can no more afford to spend major time on minor things than we can spend minor time on major things.”

“The greatest definition for concentration I ever heard is, ‘wherever you are, be there’ ”

“You won’t get paid for the hour, you will get paid for the value you bring to the hour.”

“Time is more valuable than money. You can get more money, but you can’t get more time.”

“Never begin the day until it is finished on paper.”

Happy Thanksgiving to all, it is a time to give thanks for the blessings and opportunities we have to make a better life for ourselves and someone else.

Melva Cooksey
VN Vice President
SNO VN VP

Nursing 1 (Main Campus)

!!!!BREAKING NEWS!!!!

"59 SURVIVORS OF NURSING 1 FIRST 8 WEEKS"

Congratulations class, we made it half way. Time sure flies when you're having fun. Just think, less than 2 months ago we were all strangers, looking wide eyed , excited and afraid. Now we can give a bath, make a bed, and give medications .We have come so far in such a short time.

I am so proud to be a part of such a special group. It's heart warming to see how eager everyone is willing to help make sure each of us succeeds. The networking is great. Keep up the good work.

Just think in a couple of weeks we can enjoy some Christmas Cheer, knowing we only have 3 more semesters of sleepless nights. Won't that be a great socking stuffer? Remember I've got nothing but love for you baby.

Monica Medice

President, Nsg 1 RCC (City Campus)

Nursing 1 (March Education Center)

Greetings from MEC. We have taken a few moments to reach out from under a pile of care plans. The semester has passed us by so fast. Where has the time gone? We have settled into the role of Nursing Student with a little effort and a whole lot of PRIDE. What challenge will we be presented with next? We get the privilege to practice injections on each other. You are going to put that needle where?!?!?! I don't even want to think about it. I leave you with this.....have ever wondered why you can't read the Doctors' writing in the patient charts? Here are a few entries found in patients' charts that may just answer your question.

- 1) Patient has chest pain if she lies on her left side for over a year.
- 2) On the second day the knee was better, and on the third day it disappeared.
- 3) Discharge status: Alive but without my permission.
- 4) The patient refused autopsy.
- 5) The patient has no previous history of suicides.
- 6) Patient's medical history has been remarkably insignificant with only a 40 pound weight gain in the past three days.
- 7) Between you and me, we ought to be able to get this lady pregnant.
- 8) She is numb from her toes down.
- 9) While in ER, she was examined, X-rated and sent home.
- 10) The skin was moist and dry.
- 11) Occasional, constant infrequent headaches.
- 12) Patient was alert and unresponsive.
- 13) Rectal examination revealed a normal size thyroid.
- 14) She stated that she had been constipated for most of her life, until she got a divorce.
- 15) I saw your patient today, who is still under our car for physical therapy.
- 16) Examination of genitalia reveals that he is circus sized.
- 17) Large brown stool ambulating in the hall.

Maybe if you had written this, you wouldn't want your writing to be legible either!

Larry Lee

Nursing 1 MEC President

Nursing 2 (Main Campus)

Hello to everyone reading this lovely edition of the SNO Flurry! The semester is in full swing and we cannot believe how quickly it is going by! We've continued to build upon our skills and are learning more about how to manage our time with multiple patients and how to integrate psychosocial care along with clinical nursing practice. We recently completed our third test of the semester and we're still looking at one another in

disbelief that there's only one more test, a final exam, and then (finally) the opportunity to sleep-in!

Our class also recently completed an amazingly successful fundraiser at Ruby's Diner in the Tyler Galleria. A big 'thank you!' to the staff, students, family members, and friends who came and enjoyed a meal for the Nursing 2 class. For the Nursing 1 students who came and supported their big brothers and sisters, we want you to know that we appreciate your support and hope that we can return the favor when the time comes.

In addition, we want to send a message to each class out there:

Nursing 1: Hang in there! It wasn't that long ago we stood in your shoes and we understand how stressful it can be. We can also tell you from experience that you can get through your first semester and move on to the world of crying babies and external fixates.

Nursing 3: We've been missing our big brothers and sisters! Perhaps moving on to the next semester has provided us with a feeling of confidence that keeps us from asking you as many questions. Rest assured, we still think of you and wonder how your rotations are going. (Specifically the Psych rotation . . .)

Nursing 4: Every week we look at your countdown in LS 208; we feel the excitement that you most surely experience as you take each number down. To see your class succeed and complete the Nursing Program sends a message that we can do it too. We are marking our calendars for December 19th. If we cheer too loudly, just let us know.

Sarah Lassek

Nursing 2 Class President

Nursing 2 (March Education Center)

Hey all, can you believe it??? We've only got 4 more weeks left (one more rotation) of this semester and we're half way through this program! It's going by so fast it's hard to believe we'll know enough to be the "real" nurse by next December. Our clinical instructors have been awesome so far and I can see everyone becoming much more comfortable and confident this semester. We're starting to think like nurses at all times of the day, even when we're not in the hospital!!!

I know we've all awoken in the morning thinking about some nursing process.....whether it's teaching, nursing diagnosis or med administration. We really are becoming the nurse! Isn't it awesome that when we watch Grey's Anatomy, House or ER we really understand what they're talking about! I love it!

Keep up the pace....the need for all of us is great!

Sandra Brock

N2 President MEC

Nursing 3

The Nursing 3 semester is going by quickly as we wrapped up our second rotation for the semester. Some of us are moving to Psych, others are going through Med-surg once more, and I say once more because it's obvious that everyone in class has had to have gone to Med-surg at least once so far cause there's no way you went to psyche twice.

We've taken two tests so far up to this point and it's more than halfway past the semester. Everyone, stand firm and practice clinical competencies, keep up in your studies as we go through the rest of the semester. We can do it! We're more than half way past the semester of the halfway point that separates the program into two years... that is, we're half way through Nursing 3 which is past the point of the half way mark of this Nursing program... okay... for simplicity sake, we're just more than half way there to Nursing 4!

Lastly, we're all having fun with IV's, boy don't we love poking those nice rolling veins!

Ronald Pang
Nursing 3

Nursing 3 (MEC)

Does anyone know where the first half of the semester went? I know I didn't lose it or leave it in one of my patient's room, oh well. I can't believe Fall semester is almost over, only 4 weeks left.....WOW! Before we know it Christmas will be here and we will be rushing to buy presents for our families even though we really haven't seen them for 4 months and wouldn't be able to pick them out of a police line up. At least we will know what to do when someone tells us their poop looks like clay ;). We have accomplished so much in such a short amount of time.

Now it is the beginning of the end for this semester. May we all finish the semester with passing grades and not let the allure of slowing down get to any of us. Before we know it we will experience what it feels like to have absolutely nothing to do, until Nursing 16 starts in January.

Dominique Bazanos
MEC Nursing 3

Nursing 4

Hey everyone;

Well, we are now over halfway finished with our last semester. The stress level is dropping as we near the end of our program. A lot of us have already interviewed with local hospitals and are lining up what we are going to do after we finish. But let's not lose sight of the goal. We still have a lot to do before we are done. On top of all of the coursework, we have a lot of planning to do for the pinning ceremony.

The ceremony plan is coming along. We have decided not to continue with any fund-raising activities since we have plenty of money to pay for everything. Hopefully, the class will use all their time to study extra hard for the coming exams. With all of the money we have the Reception Committee is making great plans for the ceremony and reception.

As you near the holiday season, make sure you spend quality time with your families. We have spent most of the last two years with each other to the detriment of our loved ones. Our families have endured living with us while we complete this grueling task. But let's not forget to take care of families and ourselves while we rap up our

studies. Your family and friends have been your support, through tough times, so make sure you share your love with them over the holidays.

Stick with it. We are almost done.

Keith Cunningham and Jeanette Battles, Co-
Presidents Nursing 4

SNO President

Greetings from SNO:

Happy Thanksgiving to all! With the holidays approaching I thought it would be appropriate to talk a little bit about stress and anxiety. During nursing school I have learned a whole new meaning to stress and anxiety. Anxiety is defined as a state of apprehension, dread, uneasiness, or uncertainty generated by a real or perceived threat whose actual source is unidentifiable. Stress is a state of imbalance between demands placed on an individual and the individual's ability to deal with the demands. A stressor is an internal or external event or situation (i.e. nursing school) that leads to feelings of anxiety. The interesting thing is that it is not the stressor that causes anxiety, it is the person's perception of the stressor that leads to anxious feelings. Anxiety can be a healthy reaction to a stressor. Mild anxiety can cause the person to be alert. The perceptual field is increased, physical responses are within normal limits, outlook is positive and learning is facilitated. Moderate anxiety causes a narrowing of perceptual field, focus is on immediate concerns, increase in physical responses occurs (increased blood pressure, respiration and heart rate, sweaty palms, nausea), tension and fear are experienced, and the ability to learn is impaired. Severe anxiety is disabling, learning cannot occur, severe emotional and physical distress (shortness of breath, dilated pupils, hyperventilation, blurred vision, sleep disturbance) are experienced. If a person experiences excessive, prolonged stress it can lead to a state of mental and/or physical exhaustion (burnout).

I found a great article on beating stress on the NSNA website; nsna.org/pubs/imprint/SeptOct07/Feat_BeatStress.PDF . It takes a holistic approach to combating stress with a focus on the nursing student. It offers practical tips, which include topics on nurturing your spirit, exercise, nutrition, breathing and a positive outlook. I highly recommend taking five minutes to go to the website and print out the article. If you are experiencing test anxiety there are great meditation and relaxation techniques discussed in the article that can help manage the anxiety to a level where it's productive and not disabling. I applaud you all for making it this far! Don't stop now. The fall semester is almost over.

Katherine Driscoll
Nursing 3 MEC President
SNO President

NSNA Conference Letters

I went to the CNSA convention in San Jose on the weekend of October 12th- 14th, I had a great time and it was a great experience to meet students from other nursing programs to compare against our curriculum and notice the differences. I thought it was interesting that one school in particular didn't stick a live person until the patient. Instead they practiced on manikins as their laboratory assignment, before they got the live patient in

the clinical setting. There were many differences along with many similarities but the one constant was the fatigue and stress associated with all nursing programs. This gives me great comfort in knowing that other students in other programs are experiencing the same things we are.

I was also able to represent our school along with Sarah Lassek and So Mi Ko as a delegate in the voting for CNSA Officer for next year, resolutions and by-law changes related to changing the duties of the Break Through to Nursing Chair to the Image of Nursing, and the duties that relate to that specific function. I found the process very interesting and hopefully it will help me with parliamentary procedure in our meetings. I attended two seminars related to nursing. The first one I attended was a one hour-seminar on resumes and interview practices to help land your first job in nursing once you graduate. The person that gave the seminar is a HR person for a major hospital in Northern California, and her insight was that of the person doing the hiring, so I felt that it was very helpful and informative.

The second seminar was on forensic nursing. I really had no idea what forensic nursing was all about and after the one-hour session I had a pretty good understanding. I found it very interesting and I learned that it wouldn't be a good field of nursing for me. This is one of the reasons that it is a good idea to go out to these Conferences to see what is out there in nursing as a profession.

Rick Hayatian, Nursing 3
SNO –VP

I had the opportunity to attend the CNSA conference in San Jose this past October. Compared to the national conference in Anaheim, I found the state conference to have a more intimate setting. The speakers were easily approached. There was room for everyone to attend each presentation, and you could easily speak with students from another school. A variety of topics were discussed, including forensic nursing, the image of nursing, and leadership in nursing. The other students and I had the opportunity to sit in the House of Delegates and vote on proposed changes to CNSA bylaws. As with all conferences, we were also able to gather information about NCLEX reviews, prospective employers, and graduate nursing programs. Not only was the experience informative, but I had a lot of fun too. The welcome party was superhero-themed, and while dressed as a 'Super RN' I enjoyed some snacks and got to know a few students who I'll be seeing again in Kansas City, MO. I strongly encourage all nursing students to take advantage of SNO and attend the state and national conferences; we can learn a lot about our chosen profession and be better prepared for the days when we don't have a nursing instructor by our side.

Sarah Lassek, Nursing 2
SNO, Scholarship Chair

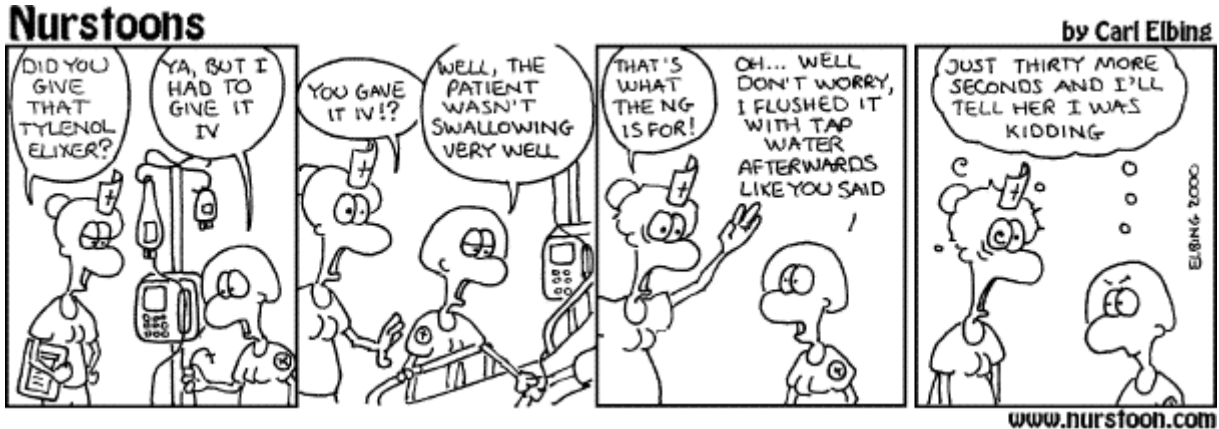
My CNSA Experience

I recommend EVERYONE to go to a CNSA conference if they can! It was a great experience. What I loved about it was that it was so much cozier than the National one. I was able to talk to vendors more in depth and they really took the time to answer any questions that I had. The seminars were really good and the guest speakers who came out to speak to us were very interesting. There were topics ranging from forensic nursing to

nursing in Africa. I know for many of us busy nursing students it's hard to take a weekend out to go to any of the nursing conferences but I highly recommend it. I think I would have been at a greater loss if I stayed home than to see the different opportunities for my future career and myself. If any of you guys have any questions or might be interested please talk to me! =)

So Mi Ko, Nursing 2
SNO, Treasurer

Our moment of Zen...



Messages from Our Advisors

As we go into this very busy time of the year, I hope you all can steal away a few minutes for yourselves and those you care about. I know I sometimes feel like a little hamster running on a wheel and I would imagine I have a lot of company. The break will be here before you know it.

Congratulations to SNO as we won the "Best of Theme" and "Best Overall" at Halloween Town with our door "Lollipop Land." A lot of hard work went into that. We had some wonderful help from two grads, Minette Ralleca and Emilee Hoenshell, who helped with the design and preparation of the door and brought their children to participate as well. Special thanks to them both! We had 19,685 pieces of candy to give out. Nursing 1 at RCC won the candy contest with 12,620 pieces of candy with the VN class second with 4,752. Thank you to all who donated for the children. .

We now have Festival of the Trees and that signals the official start of the holiday season in Riverside with lighting of the lights at the Mission Inn on the Friday after Thanksgiving, November 23rd. Come down and enjoy the day or evening with your family. The 55 Christmas trees will be on display November 23-25 at the Convention Center. It's a wonderful experience to share with your children especially if you haven't gone before. Our tree, "A Ruby Red Christmas," will be there for you to see. If you go in the evening go early so that you can get parking and then see the trees and wander around the Mission Inn area and enjoy the evening.

The CNSA Conference last month in San Jose was very good. I was able to attend many general and faculty sessions as well as several student sessions such as the Forensics in Nursing which was excellent. Malinda Wheeler, RN, FNP, SANE-A; who

did the presentation "Forensic Nursing: More than Meets the Eye" formed her own business contracting forensic services to several cities and counties in the Southern California area when no such services were readily available. She saw the need, got the education and certification to be able to hire other nurses and incorporate her business. I always come away amazed with what nurses can do. Keep your eyes open there is always a place for you.

Thank you for all you always do whether it is collecting non-perishable food to feed others, selling candy for SNO, helping each other, or working to do a good job in clinical or theory.

Wilma La Cava, RN-BC, MSN
SNO ADN Advisor

Class Officers Spring 2007

Nursing 1

Main Campus

President: Monica Medice

Vice Presidents: Joe Chavez, a.m.; Karan Kalkat, p.m.

Secretary: Denise Beard

Treasurer: Chelsey Howe, and Christina Dautrich

SNO Representatives: Debbie Ward a.m. and Carrollyn Wakefield, p.m.

Alternates: Debi Tustin, a.m. and Ashley Ortega p.m.

Historians: Amy Bernacki, a.m. and Joykutty John p.m.; Chrissy Peterson alternate

March Education Center

President: Larry Lee

Vice President: Melissa Marty

Secretary: Lindsey Vander Meulen

Treasurer: Dalene Knight and Erin Goetz

SNO Representatives: Stephanie Bowman, Holly Gannon, Judie Black, Kimberlee Scotese, Michael Saito

Historians: Tina Winston, Kendra Green

Nursing 2

Main Campus

President: Sarah Lassek

Vice President: So Mi Ko

Secretary: Julie Sanchez

Treasurer: Jazelynn Yusi

Historian: Jose Batac, Delana Lloyd

SNO Rep: Open

Curriculum Rep: Kim Halbert

Learning Resources: Open

March Education Center

President: Sandy Brock

Vice President: Ann Fish

Secretary: Ashley Boucher
Treasurer: Crystal Ceballos
SNO Representatives: Stephanie Normand
Historians: Elana Hampton, Kristina Castle
Curriculum Rep: Amber Harris
Learning Resources: Open

Nursing 3

Main Campus

President: Cynthia Ortiz
Vice President: Cherrie Velante
Secretary: Judy Valencia
Treasurer: Stacey Villa
SNO Reps: Rick Hayatian
Historians: Esther Baez
Learning Resources Representative: Open
Curriculum Representative: Open

March Education Center

President: Kathy Driscoll
Vice President: Melinda Peoples
Treasurer: Dominique Bazanos
Secretary: Lisa Bieszczad
SNO Representative: Elle Stran
SNO Representative: Angie Tutoki
Advanced Placement Representative: Hayel Salha
Historians:

Clinical Group 18274: John Cagandahan
Clinical Group 18275: Russell Blankenship
Clinical Group 18276: Stephanie Gibson
Clinical Group 18913: Crystal Veum
Clinical Group 18914: Daphne Holmes
Clinical Group 18915: Joyce Oyetibo
Learning Resources Representative: Stephanie Gibson
Curriculum Representative: Bridey Abad

Nursing 4

President: Keith Cunningham and Jeanette Battles
Vice Presidents: Main Campus - Samantha Sherlock; MEC: Sylvia Tolang
Flex: Kym Mikaelian
Secretary: Kim Tucker
Treasurer: Tammy Hall and Rosalyn Costello
SNO Representatives: Open
Historians: Main Campus - Stacie Paulsness and Lindsey Bollschweiler MEC - Nenetzin Santos
Curriculum Representative: Tammy Hall

Learning Resource Representative: MainCampus: Cassandra Nissen; MEC: Daniella Gali;
Flex:Loreen Gutierrez

VN

President: Open

Vice President: Melva Cooksey

Secretary: Priscilla Rosal

Treasurer: Tamara Lewis

Historians: Jimson Romero, Jacquelyn Woods, Lisa Mattox, Megan Miller

SNO Reps- Daniel Fromson, Jill Harmon, Tamera Lewis, Miguel Villegas, Kristie Wolf,

Environmental Engineers- Catherine Burke, Tressa Newell

Learning Resources Representative: Amy Hayes

Curriculum Representative: Alexandre Monteiro

* * * *

SNO Officers

Fall 2007

<i>President:</i>	Kathy Driscoll
<i>ADN Vice President:</i>	Rick Hayatian
<i>VN Vice President:</i>	Melva Cooksey
<i>Secretary:</i>	Sandy Brock
<i>Treasurer:</i>	So Mi Ko
<i>ICC Representative:</i>	Melva Cooksey; Alternates: Kristie Wolf , Margaret Kennedy-Ross
<i>SNO Flurry Editor:</i>	Ronald Pang
<i>Allied Health Commissioner:</i>	Katrina Talley
<i>Scholarship Chair:</i>	Sarah Lassek
<i>Alumni Association Liaison:</i>	Crystal Caballos
<i>Historian:</i>	Kelly McGuire
<i>Breakthrough to Nursing:</i>	Joy Harris

SNO Meeting Calendar Fall 2007

8:00 AM, in Heritage Rooms, located in the Bradshaw Center (Unless noted otherwise)
 September 15, Back to School, Hall of Fame

September 17, New Student Welcome, Hall of Fame
September 26, Blood Drive
October 1, Meeting
October 12-14, CNSA Annual Conference, San Jose, CA
October 15, Meeting
November 5, Meeting (Hall of Fame)
November 15-18, 25th NSNA Mid-Year Conference, Kansas City, MO
November 19, Meeting (Nominations)
December 3 Meeting (Election)

**Happy
Thanksgiving**